

lagoon spa

the look

In a nutshell, the refurbished Lagoon Spa at The Laguna definitely prompts oohs and ahs with its über-luxurious design, which incorporates natural elements. Employing a water theme, the spa is ensconced in the middle of an alluring lagoon that you can swim in. A cascading waterfall just outside the window will mesmerise

you. As you proceed to the lounge room, you will come across a contemporary chandelier serving as the centrepiece of a circular room dominated by the elegance of dark woods. Meanwhile the treatment room exudes a touch of traditional yet elegant lavishness, with carved wooden door and ceiling. And you can still see the soothing crystal blue lagoon from the window.

the touch

Lagoon Spa offers many cossetting treatments, but if you want to be wowed, opt for the signature Lagoon Kelapa Ritual. The 150-minute indulgence package makes sure you get the best top-to-toe pampering. It begins with a footbath ritual where your soles get scrubbed with soothing salt. Afterwards, let your muscles relax while the therapist exfoliates your skin with coconut body scrub and massages you using the purest virgin coconut oil. But the coconut-laden treatment doesn't end there, as you go on to enjoy a rich coconut hair spa that will turn your crown soft and shiny.

the ingredients

Inspired by Balinese ancient beauty rituals, the Lagoon Spa uses various local ingredients such as coconut massage oil and cream, chocolate massage

oil, lemongrass oil, frangipani oil and ylang ylang oil, among much else. Aside from the local best, Lagoon Spa also utilises products from the internationally known brand, BABOR. Some of the new treatments – such as Blue Lagoon Facial or Oxygen Infusion – also use BABOR products. And you can take any of those products home by purchasing them at the lobby of the Lagoon Spa.

the special

Lagoon Spa also offers facilities and activities for the health of your body and soul. Overlooking the breathtaking blue lagoon is a sophisticated fitness centre that is open around the clock. Or if you like, you can book for any of these wellness activities: 60-minute yoga, Bayu Suci (Balinese *tai chi*), meditation, or the 120-minute sunrise yoga and spa. • RUNI INDRANI



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