



WHO WE ARE...

关于我们...

an award-winning firm of wellness architects, operational consultants, and trend experts with over 20 years of experience in developing, designing and opening some of the world's most renowned spas and wellness facilities.

一个获得奖项的康体建筑师、运营顾问和行业动态专家团队，拥有超过20年为世界上最为知名的水疗和康体设施做开发、设计和开业筹备经验。

we bring our expertise and insights on wellness to create well spaces throughout your hospitality, residential, and commercial projects.

我们把我们的的专业知识和洞察力带入养生中，在您的酒店、住宅或者商业项目中创建一个健康空间。

OUR CORE SERVICES

我们的主要服务

Wellness architectural and interior design

康体建筑和室内设计

we believe that good design takes into account its impact on the environment around it and on the well being of its occupants.

我们相信一个好的空间设计会作用于周围的环境也会对居住者的健康有积极的影响。

- by placing wellness at the heart of our design, construction, operation and development decisions, we add value to real estate assets, generate savings in personnel costs, meaningfully enhance the individual's experience, health and well-being within the space.
我们设计、建筑和运营都以康体作为核心理念，给物业增加价值，节省人力开支，在空间中有意义地增强个人的体验和健康。
- our aim is to create UBERWELL™ buildings and spaces that optimize and support human health, well-being, and comfort through our 360 design approach and strategy.
我们的目标是创建一个UBERWELL™建筑和空间，通过我们的360° 设计方案和策略，来优化支持人们的健康、幸福和舒适的生活。

Spa & Wellness Consultation and Turn-key

水疗 & 养生咨询及全套服务

with over 20 years of experience in spa design, concept development, training, pre-and post opening services, we are a one-stop-source for all your spa & wellness requirements. our services includes:

我们在水疗设计、概念开发、培训，开业前后服务，有着20年的经验，可以给您的水疗&康体中心提供一站式服务。我们的服务项目包括：

- spa / gym interior design services 水疗/健身房的室内设计
- hydro - thermal area design and technical services 湿区设计和技术服务
- spa concept and treatment development 水疗概念和疗程开发
- spa pre-opening set-up and post-opening assessments 水疗开业前准备和开业后评估

Wellness trend spotting and market optimization

养生趋势分析和市场优化

we research, track and curate the latest in wellness design, technology and trends to bring you game-changing innovations, ideas, and consumer trends. subscribe to our UBERWELL™ trend blog.

我们调研，追踪最新的康体设计，科技和趋势，带给您完全的革新、思路和消费者趋势。请订阅我们的UBERWELL™趋势博客。

we offer strategic planning and consultation services on how to apply the UBERWELL™ design principles and philosophy to optimize market penetration and how to address wellness issues that greatly influence the consumers' buying and decision making process.

我们提供计划策略和咨询服务，如何应用UBERWELL™设计原则和哲学，来优化市场渗透率，以及如何强调健康因素影响消费者的购买和决定过程。

welcome to our world
欢迎来到我们的世界



design 设计
architecture & interior design services
建筑&室内设计服务

design

operational

awards

clients

media

AWLAKE

design services 设计服务



design planning 设计策划

the vision: we start the design process by bringing together the project's overall vision and our creative input to produce an original design concept that is relevant to the targeted market and boosts brand value.

愿景：我们把整个项目的愿景纳入我们的创意中，作出一个原创设计概念，以瞄准目标市场及提升品牌价值。

concept development 概念发展

the heart of the design process: vision is transformed into tangible deliverables such as the submission of a market study, project concept and positioning, financial projections, and the project's floor plan.

设计过程的核心：愿景转换为有形的交付成果，如提交市场调查报告、项目概念和定位、财务预测及项目的平面设计图。



design development 设计发展

the nuts and bolts of the project: concept is detailed and illustrated using mood boards and 3d renderings that bring design to life. operational requirements and brand standards are incorporated throughout the entire process.

项目的基本要点：概念更为细节化，气氛图片和3D效果图把设计更生动化。经营需求和品牌标准始终贯穿整个过程。



design services 设计服务



construction documentation 施工图纸

the detailing: detailed drawings, material specifications, and other design stipulations are submitted to define the project for the tender process and actual construction.

细节：提交详细的图纸、材料规格和其它设计规定来为投标过程和具体施工而定义项目。

site supervision 现场监督

the work: our team of architects and project managers also provide on-site supervision and assist contractors to build to our exacting specifications.

工作内容：我们建筑师团队和项目经理也提供现场施工监督，协助施工方施工时达到我们的严格规范。

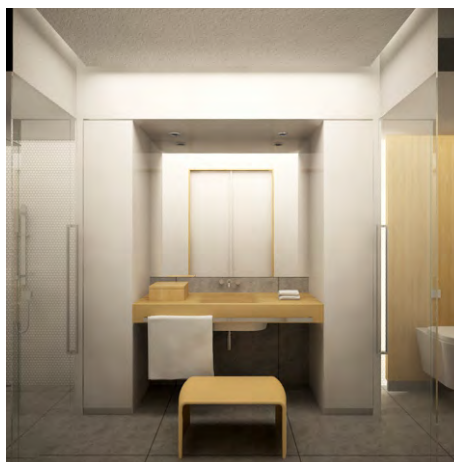
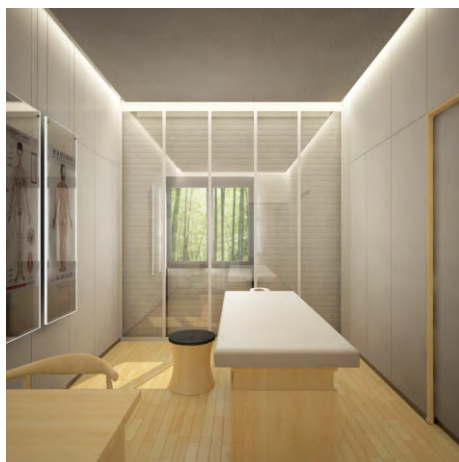
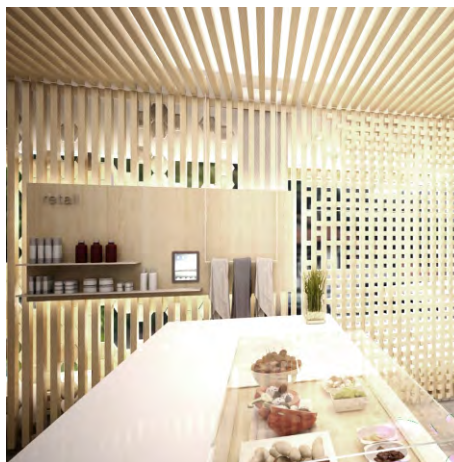
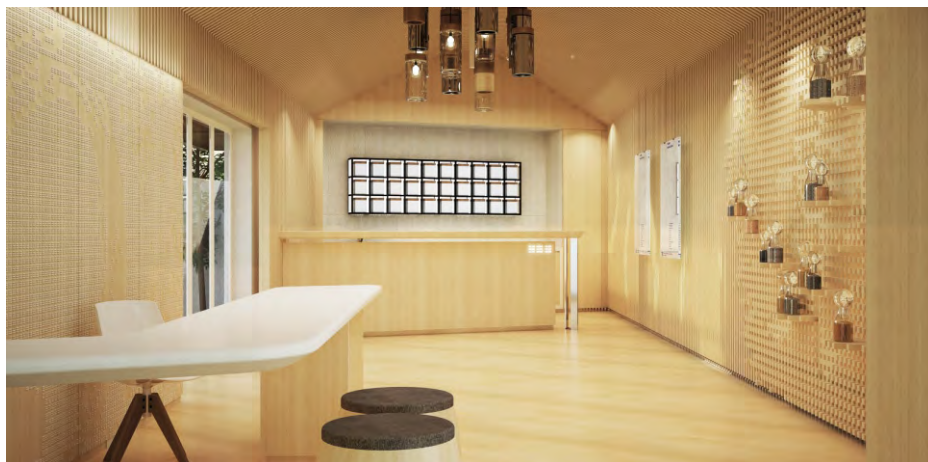


commercial projects 商业项目

unique health and wellness center for fullshare wellness pte ltd 丰盛养生公司的特色健康养生中心

fullshare - 31 scotts road 丰盛 - 史格士路31号
singapore 新加坡

540 sqm
2015



panbil sector v panbil sector v

batam, indonesia 印尼巴淡岛

1000 sqm
2015



panbil sector v panbil sector v

batam, indonesia 印尼巴淡岛

1000 sqm
2015



nyang - nyang 情人崖

bali, indonesia 印尼巴厘岛

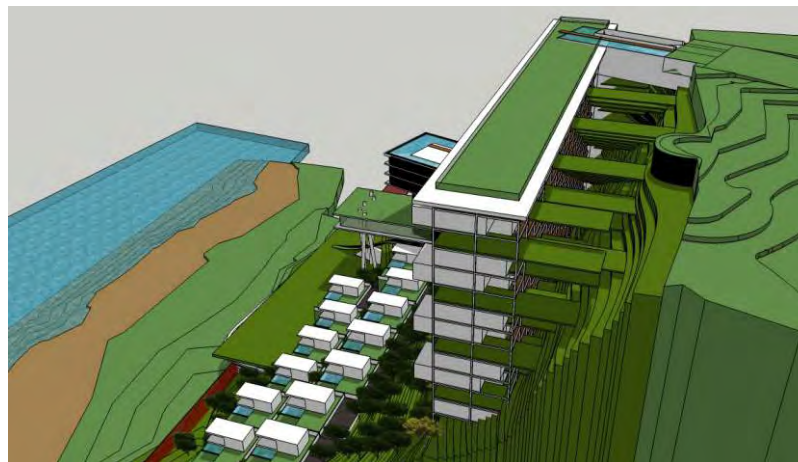
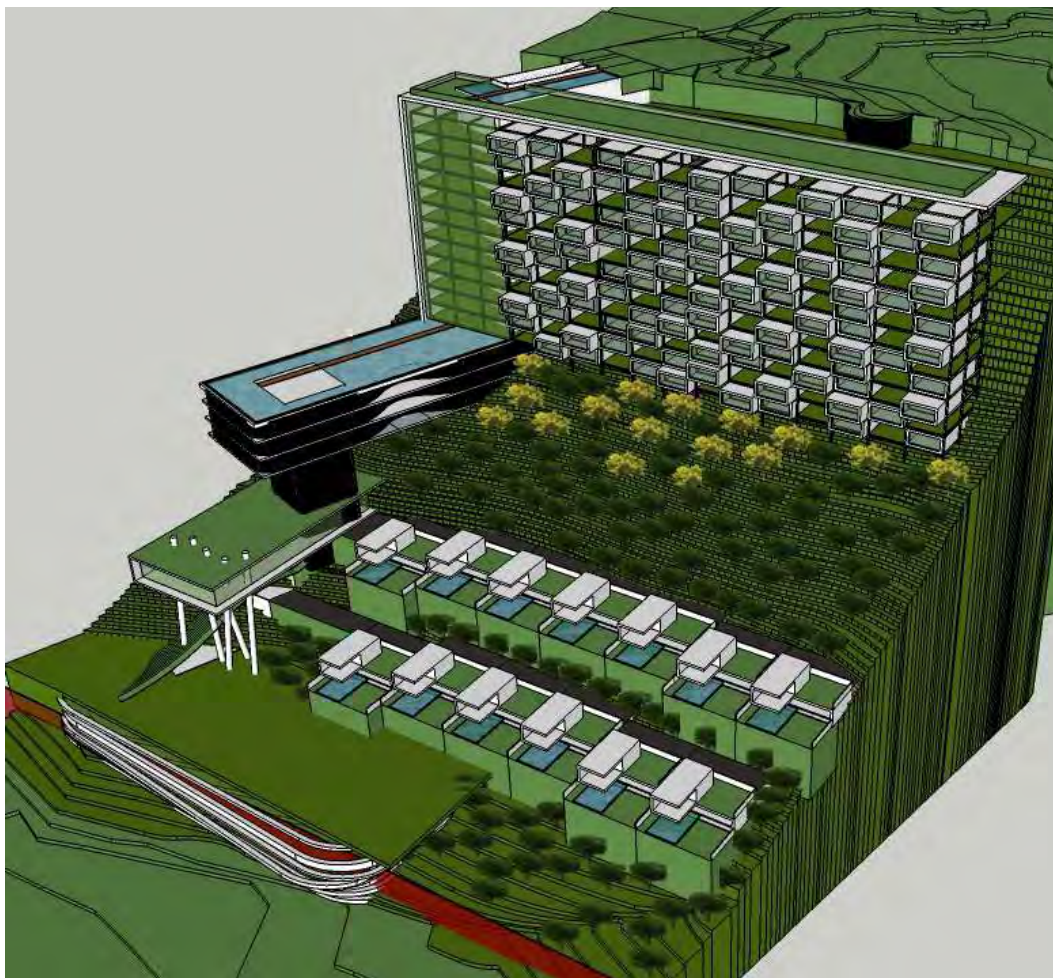
8,1 hectares
2008



nyang - nyang 情人崖

bali, indonesia 印尼巴厘岛

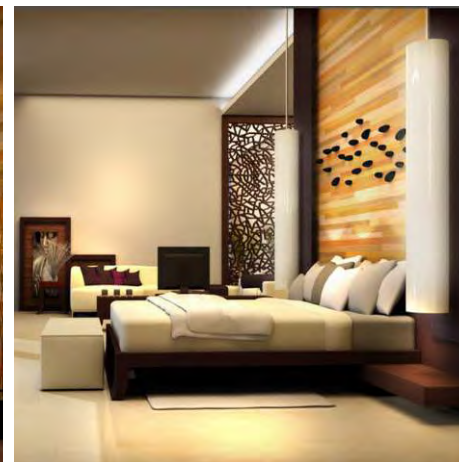
8,1 hectares
2008



nyang - nyang 情人崖

bali, indonesia 印尼巴厘岛

8,1 hectares
2008



nyang - nyang 情人崖

bali, indonesia 印尼巴厘岛

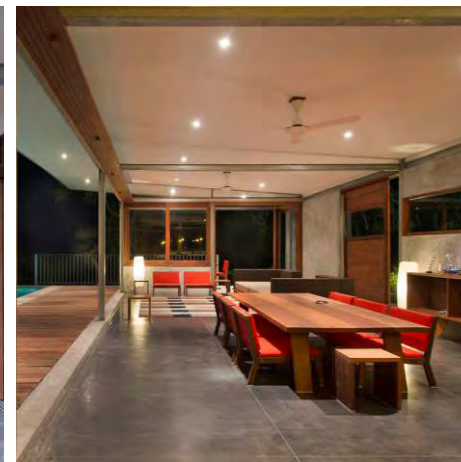
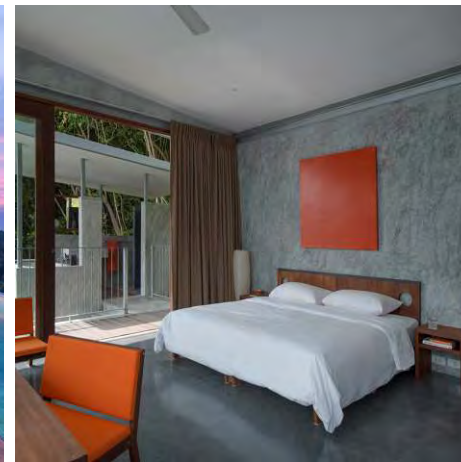
8,1 hectares
2008



gerritsen residence gerritsen 别墅

koh samui, thailand 泰国苏梅岛

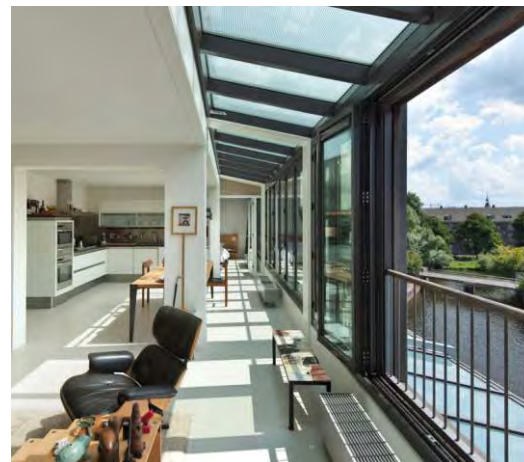
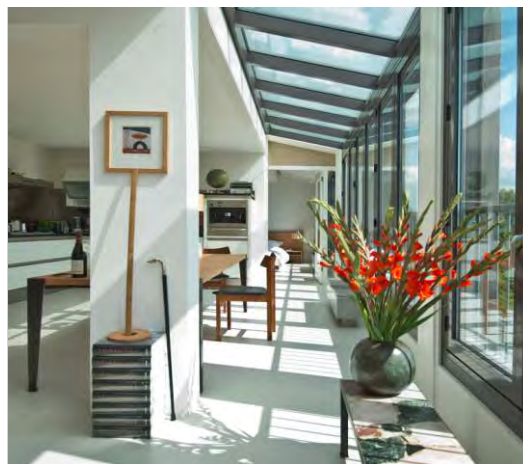
580 sqm
2013



gerritsen residence gerritsen 别墅

amsterdam, netherlands 荷兰阿姆斯特丹

120 sqm
2012



residence projects 住宅项目

long residence long 別墅

hongkong 香港

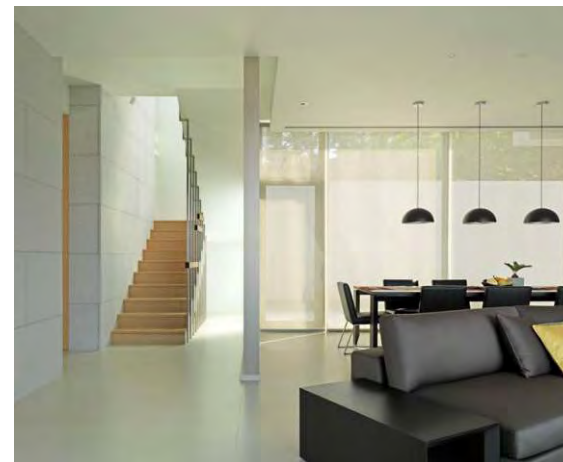
370 sqm
2012



houho residence houho 别墅

taipei, taiwan 台湾台北市

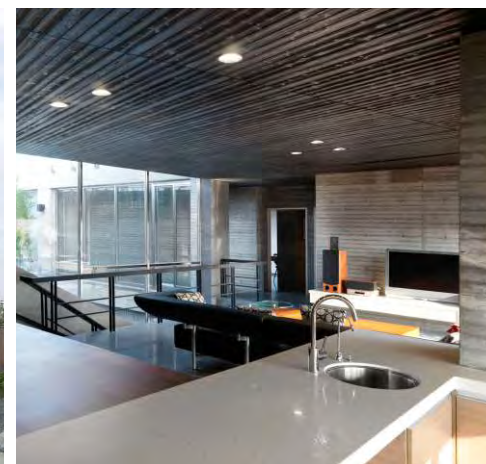
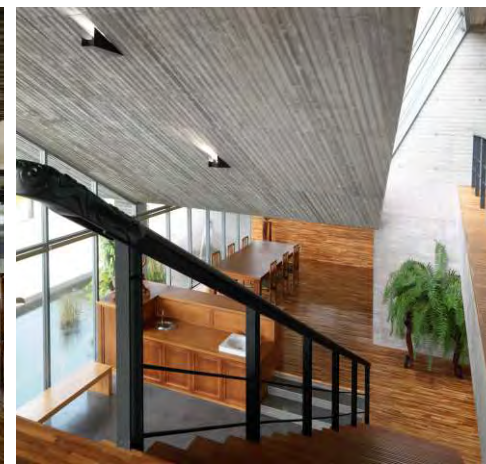
520 sqm
2011



chen residence chen 別墅

taichung, taiwan 台湾台中市

420 sqm
2011



morrison residence morrison 别墅

byron bay, australia 澳大利亚拜伦湾

600 sqm
2008



amalia residence amalia 别墅

phuket, thailand 泰国普吉岛

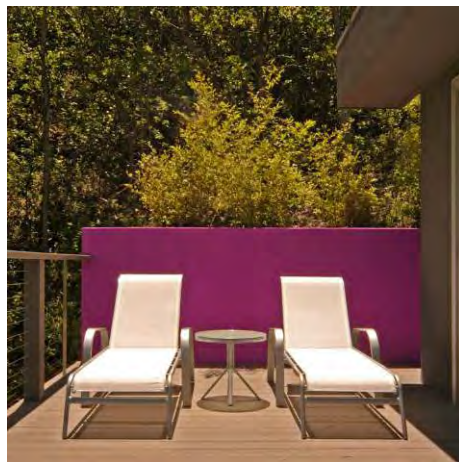
470 sqm
2012



inder residence nder 别墅

byron bay, australia 泰国普吉岛

370 sqm
2007



sharpe residence sharpe 别墅

byron bay, australia 泰国普吉岛

540 sqm
2006



hospitality projects 酒店项目

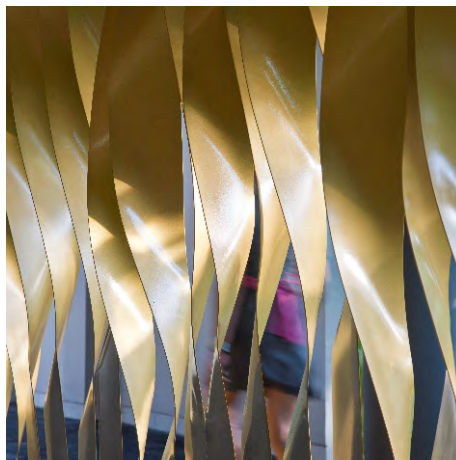
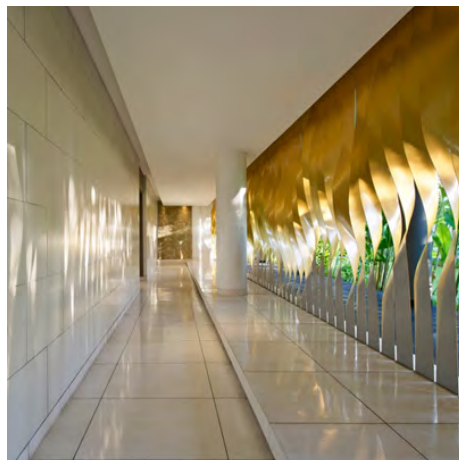
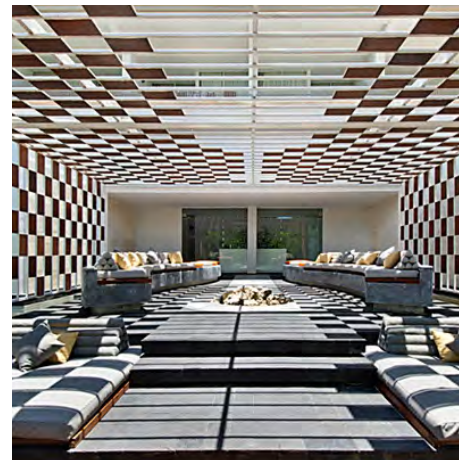
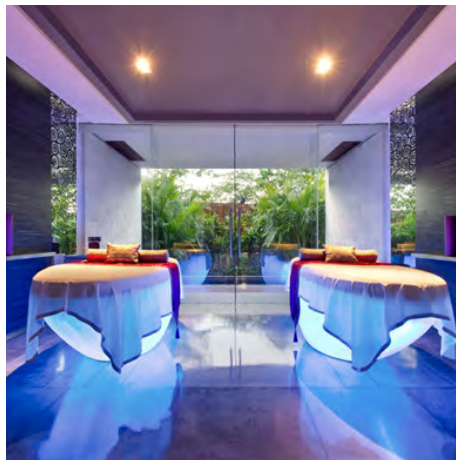
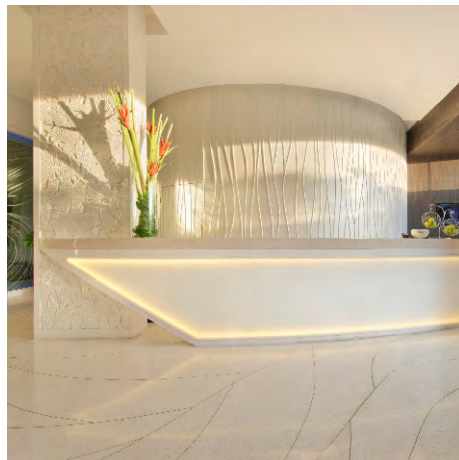
away spas for w hotels - W 酒店的away水疗

away spa - away水疗

w retreat & spa seminyak 塞米亚克W水疗度假村
bali, indonesia 印度尼西亚巴厘岛

1800 sqm
2011

winner of new spa of the year
spa asia award 2011
亚洲水疗奖 - 2011年度新水疗



away spas for w hotels - W 酒店的away水疗

w sentosa - sentosa, singapore 圣淘沙W酒店 - 新加坡圣淘沙

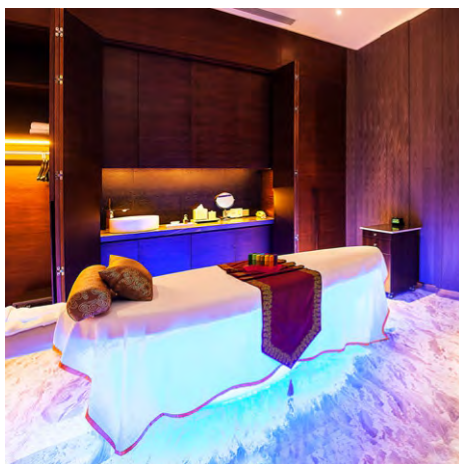
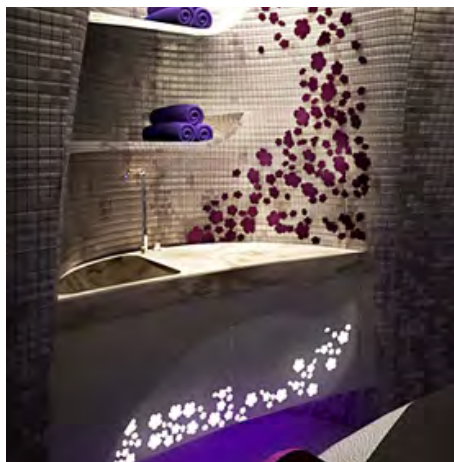
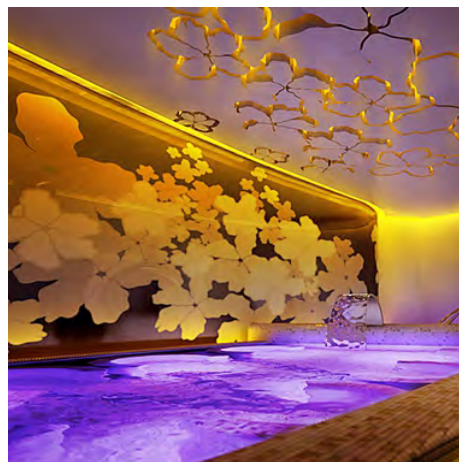
1500 sqm - 2012

w guangzhou - guangzhou, china 广州W酒店 - 中国广州

2700 sqm - 2009

w shenyang - shenyang, china 沈阳W酒店 - 中国沈阳

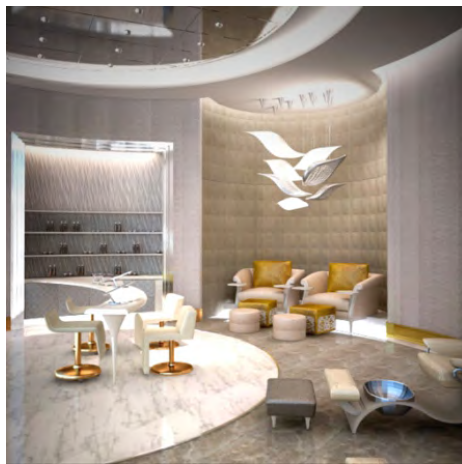
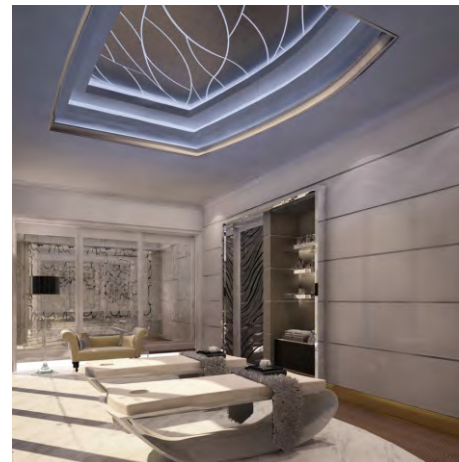
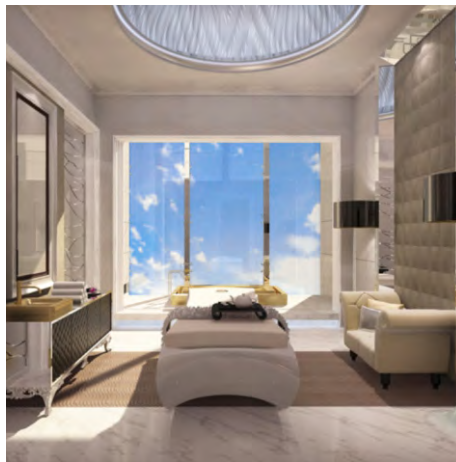
1982 sqm - 2019



iridium spas for st regis hotels & resorts 瑞吉酒店和度假村的铱瑞水疗

iridium spa 铱瑞水疗
st.regis zhuhai 珠海瑞吉酒店
zhuhai, china 中国珠海

1049 sqm
2015



iridium spas for st regis hotels & resorts 瑞吉酒店和度假村的铱瑞水疗

st.regis lhasa - lhasa, tibet 拉萨瑞吉度假酒店铱瑞水疗

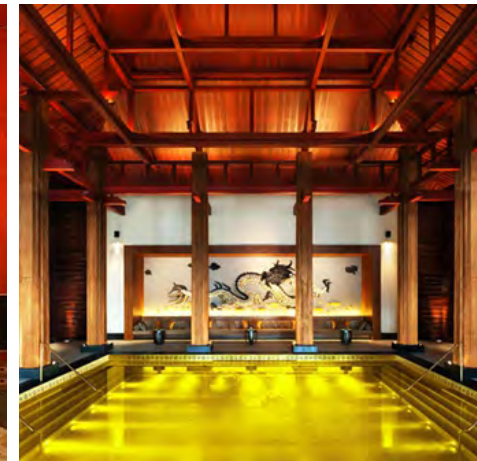
1981 sqm - 2011

st.regis chengdu - chengdu, china 成都瑞吉度假酒店铱瑞水疗

1900 sqm - 2014

st.regis maldives - dhaalu atoll, maldives 马尔代夫瑞吉度假酒店铱瑞水疗

2000 sqm - 2015

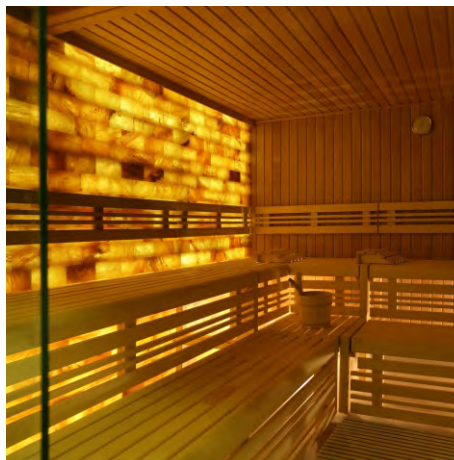
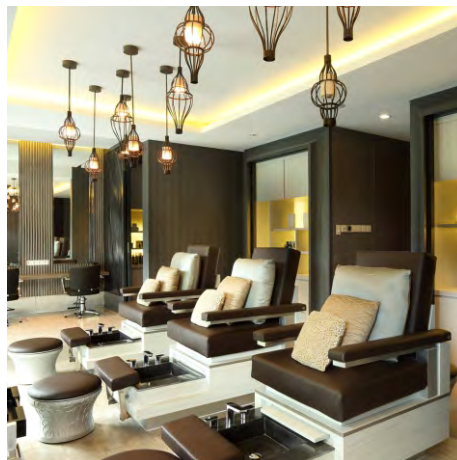
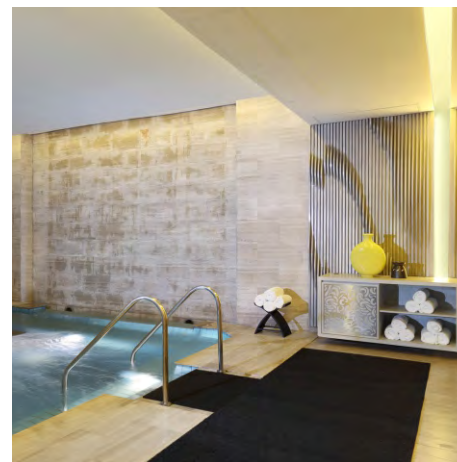
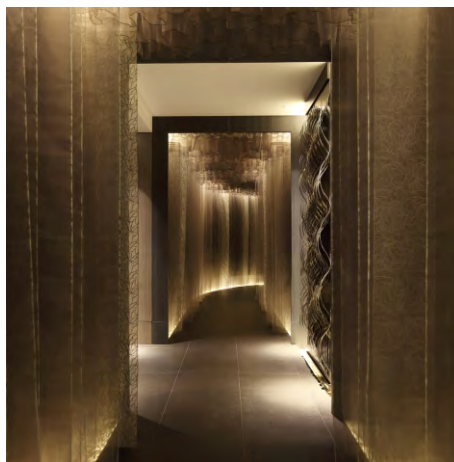
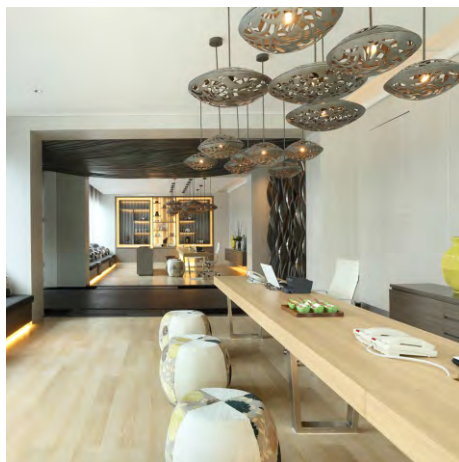


heavenly spa for the westin hotels & resorts 威斯汀酒店度假村的天梦水疗

heavenly spa 天梦水疗
the westin resort 威斯汀度假村
bali, indonesia 印度尼西亚巴厘岛

1200 sqm
dec 2013

winner best luxury wellness spa in the
world luxury spa awards 2014
荣获2014年最佳豪华健康水疗



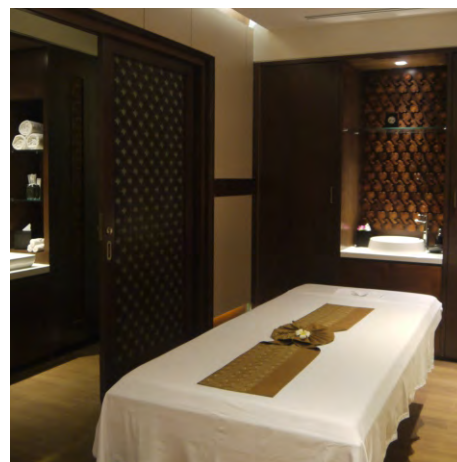
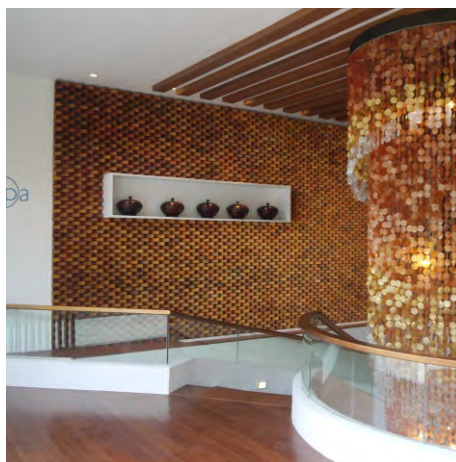
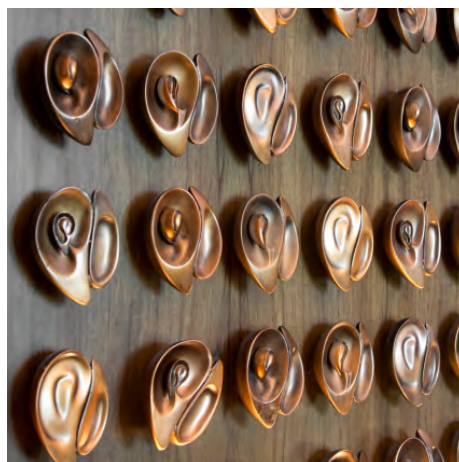
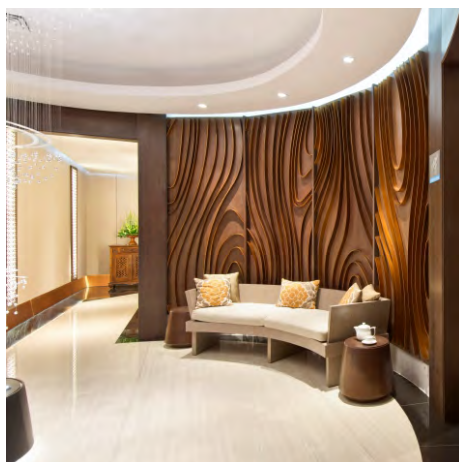
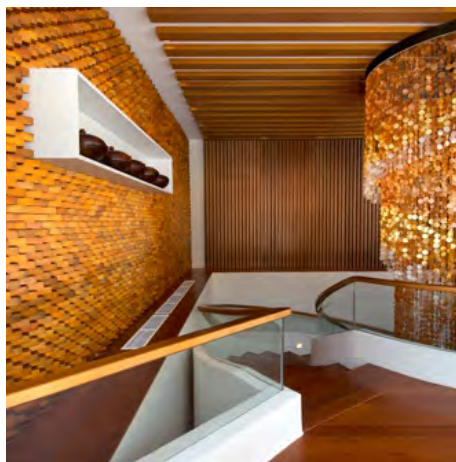
luxury collection for starwood hotel group 喜达屋酒店集团的豪华系列

lagoon spa 礁湖水疗

luxury collection laguna 拉古娜豪华精选度假酒店
bali, indonesia 印尼巴厘岛

1402 sqm
2012

入围2014年豪华水疗奖最佳豪华新兴水疗世界 finalist for best luxury emerging spa world luxury spa awards 2014
2013年荣获国际知名酒店最佳水疗酒店 winner the best spa hotel at the prestigious international hotel award 2013
荣获2013年喜达屋优先会员最佳水疗 winner the best spa indulgences at starwood preferred guest member 2013

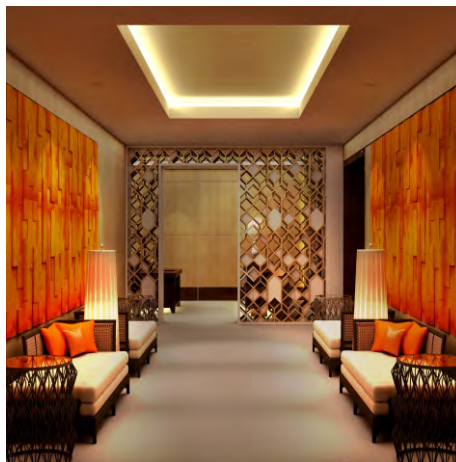
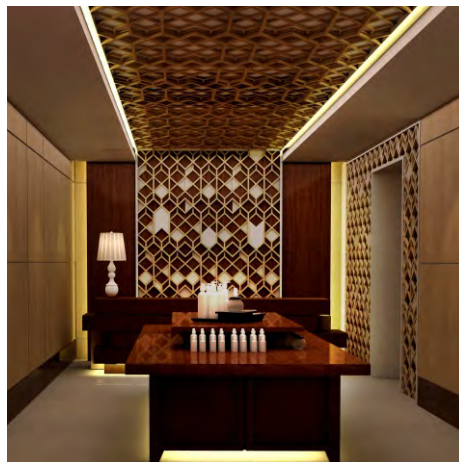
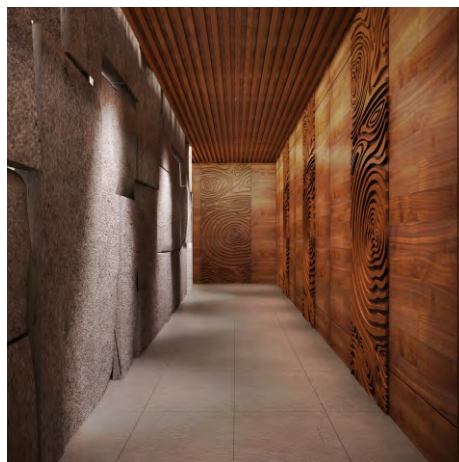
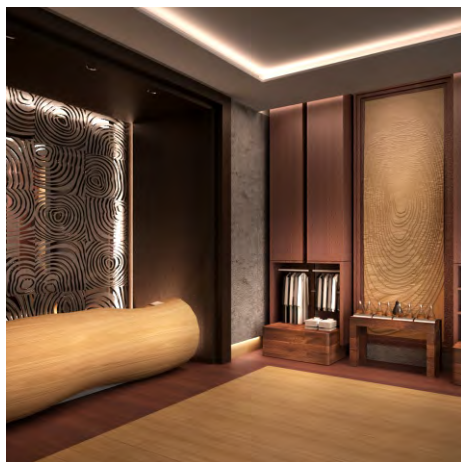


unique spas for intercontinental hotel group 洲际酒店集团的特色水疗

chang bai mountain international hotspring resort 长白山国际温泉度假村

jilin province, china 中国吉林

6200 sqm
2015

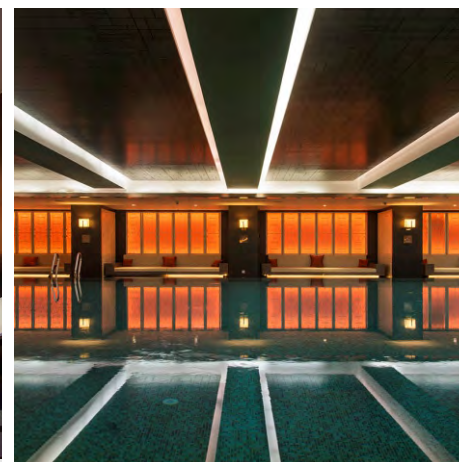
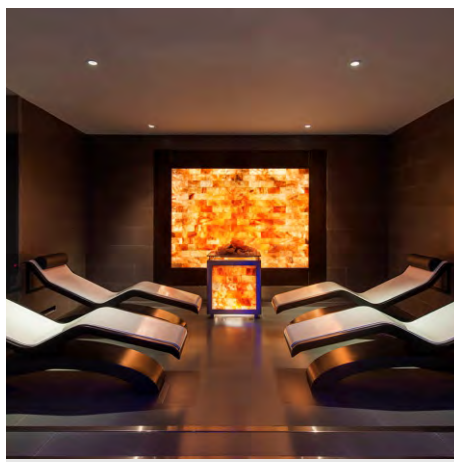
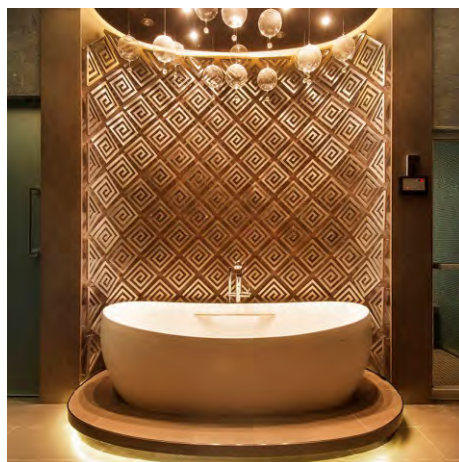
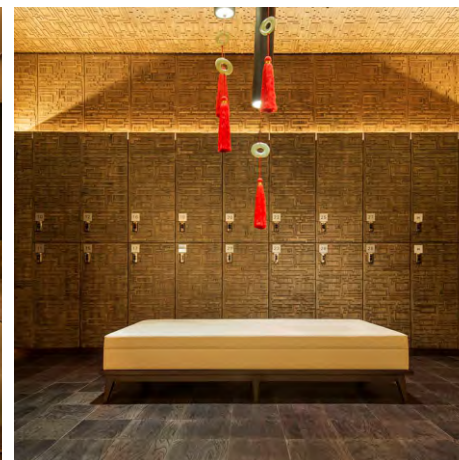
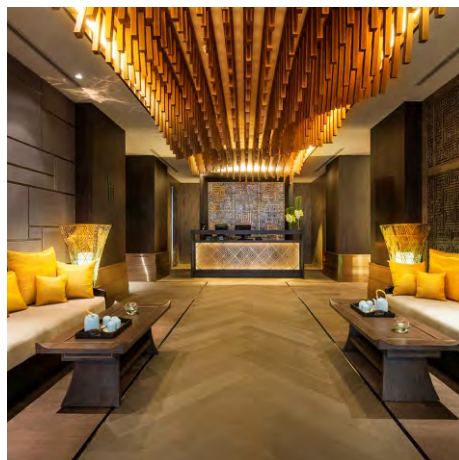


unique spas for capella/solis managed hotels & resorts 嘉佩乐/首丽斯旗下酒店和度假村的特色水疗

han yue lou plaza hotel 涵月楼广场酒店

nanjing, china 中国南京

2625 sqm
2014



unique spas for capella/solis managed hotels & resorts 嘉佩乐/首丽斯旗下酒店和度假村的特色水疗

spa & wellness, bo'ao king bay hotel - hainan bo'ao, china 水疗&健身, 博鳌金湾酒店 - 中国海南博鳌

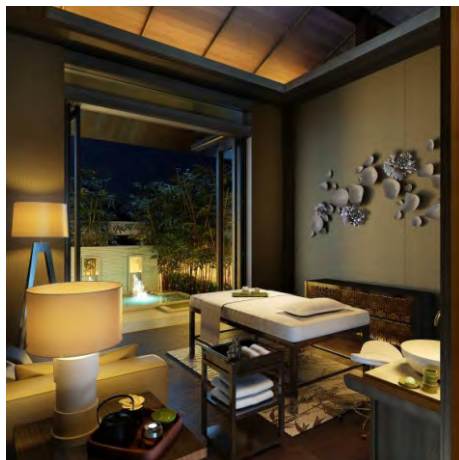
3900 sqm

han yue resort and spa jiuhua mountain - jiuhua, china 九华山涵月楼度假和水疗 - 中国九华山

2029 sqm

solis ubud resort & spa - ubud, indonesia 乌步首丽斯度假村 - 印尼乌布

1214 sqm

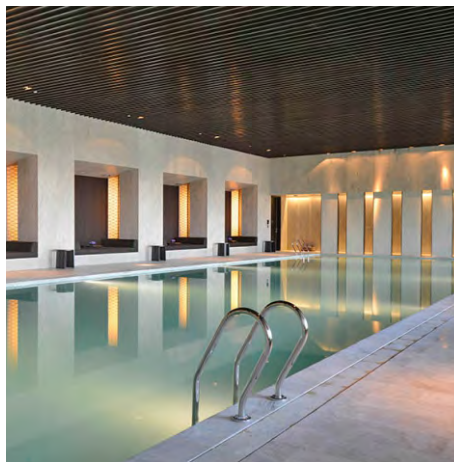
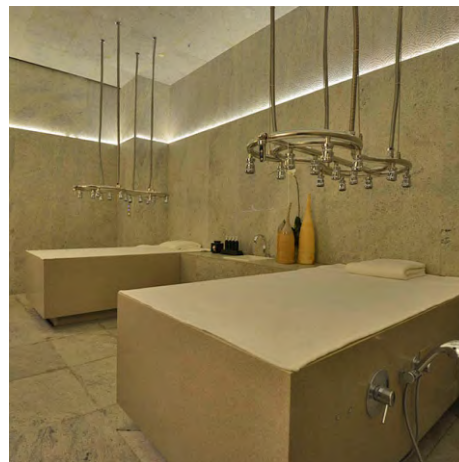
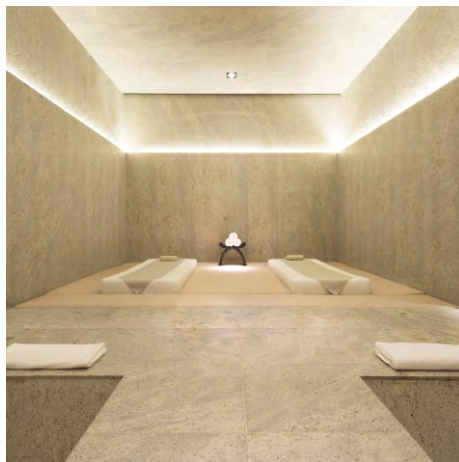
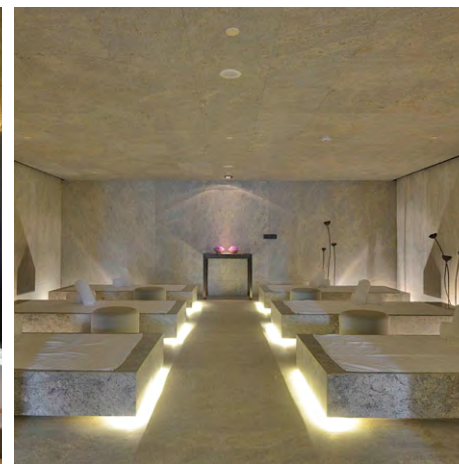
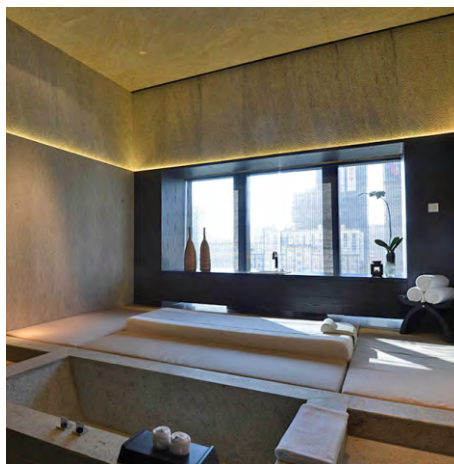
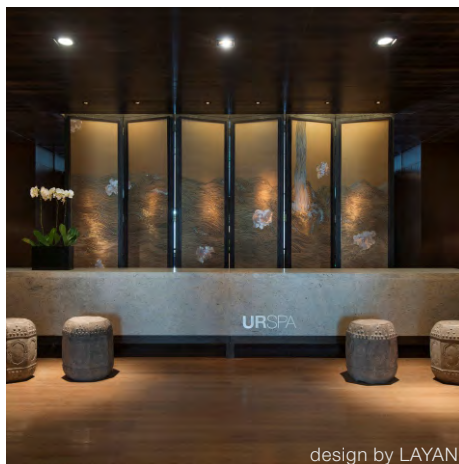


urspa for urc hotels & resorts URC酒店和度假村的瑶水疗

urspa 瑶水疗

the puyu hotel and spa 璞瑜酒店和水疗
wuhan, china 中国武汉

2450 sqm
2013



urspa for urc hotels & resorts URC酒店和度假村的遥水疗

the ruma hotel and residences - kuala lumpur, malaysia 马来西亚吉隆坡ruma酒店和公寓

650 sqm - 2017

the pushang - xiamen, china 中国厦门 璞尚酒店

2717 sqm- Q4 2016

the senrong resort & residences - zhu jia jiao, china 中国朱家角桑榕酒店



image & design by MQ Studio

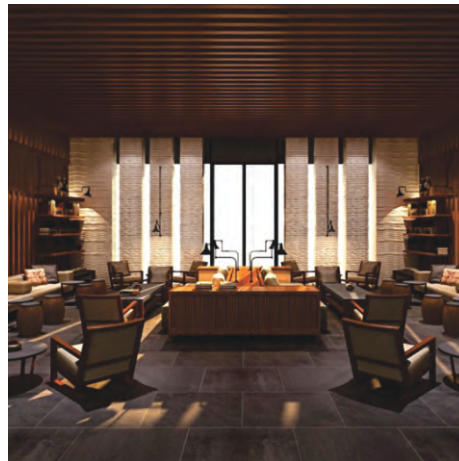
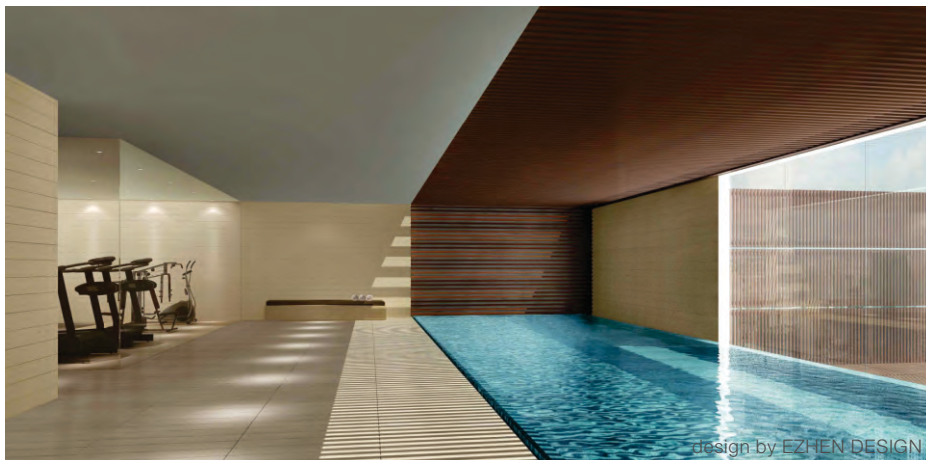


image & design by LAYAN



design by EZHEN DESIGN



urspa for urc hotels & resorts URC酒店和度假村的遥水疗

the pujin - chengdu, china 中国成都璞锦酒店

the puxuan hotel & spa - beijing, china 中国北京璞瑄酒店&水疗

840 sqm

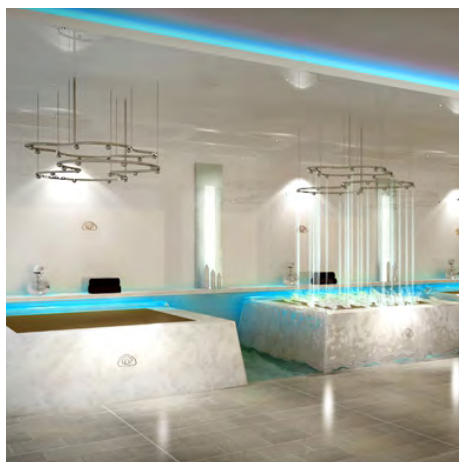
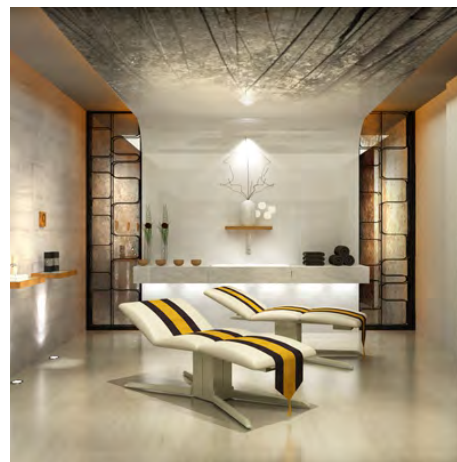
1000 sqm- Q4 2017



unique spas for bayhood international golf club 北湖国际高尔夫俱乐部的特色水疗

bayhood no.9 北湖九号
beijing, china 中国北京

2008



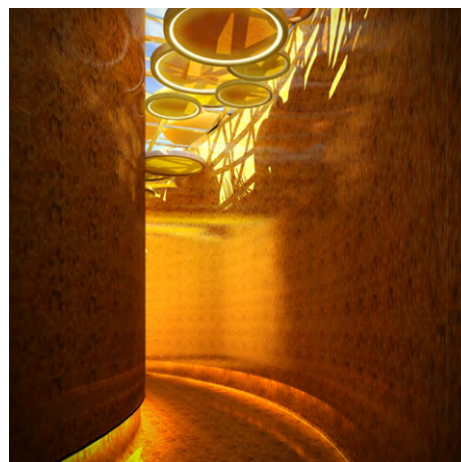
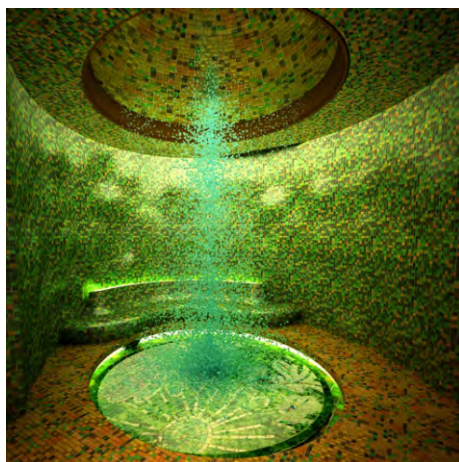
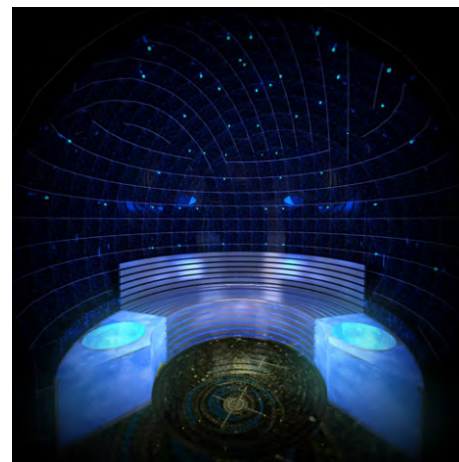
concepts 概念

unique concept for jumeirah hotels group 卓美亚酒店集团的特色概念

talise spa 泰利斯水疗

jumeirah hotel 卓美亚酒店

china 中国



unique concept for intercontinental hotel group 洲际酒店集团的特色概念

kids spa 儿童水疗

chang bai mountain international hotspring resort 长白山国际温泉度假村
jilin province, china 中国吉林省

6200 sqm
2015



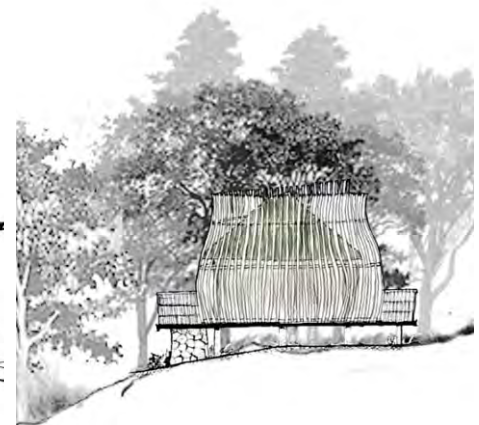
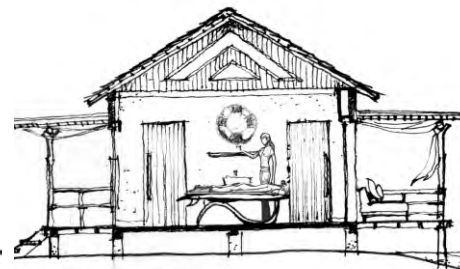
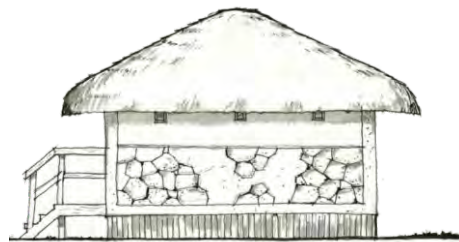
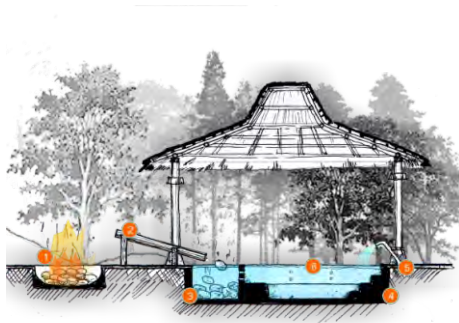
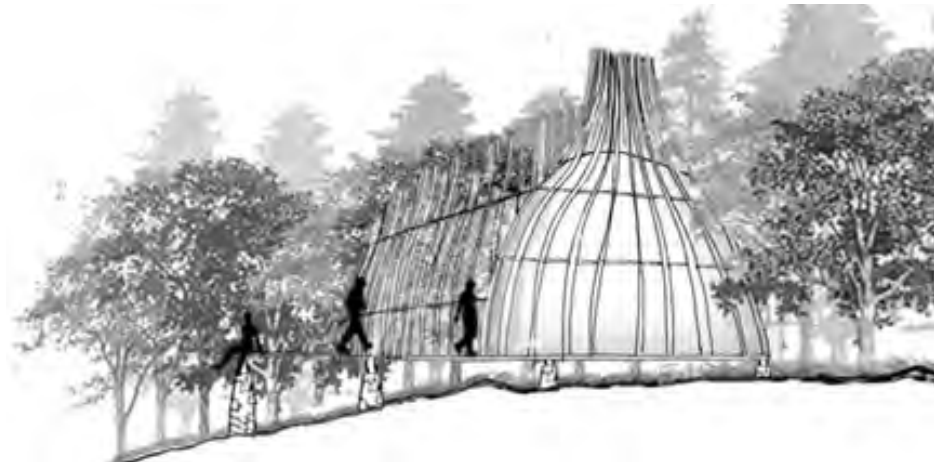
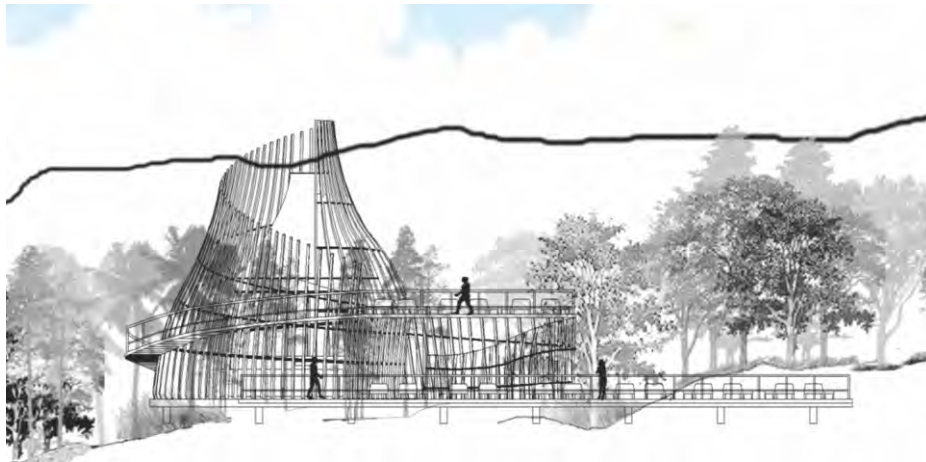
unique concept for nihiwatu - nihiwatu的特色概念

nihiwatu spa - nihiwatu 水疗

nihiwatu resort - nihiwatu 度假村

sumba, indonesia - 印尼松巴岛

400 sqm
2014





operational scope of services

经营服务范围

design

operational

awards

clients

media

planning & set up 计划 & 布置

treatment concept 疗程概念

the conception of a unique and original treatment concept that reflects a deep understanding of the spa location, culture, traditions as well as market demands and expectations.

一个独特原创的疗程概念要反映出对水疗中心所处的地理位置、文化和传统以及市场需求和期待有深入的了解

treatment menu 疗程菜单

the development of an innovative and imaginative treatment menu or a series of tantalizing signature treatments that engage and inspire guests and bring the concept to life.

开发出一个有新意和想象力的疗程菜单或者一系列诱人的招牌疗程，吸引客人进来，激发他们，把概念变成现实。

pre-opening planning 开业前准备

services include the spa pre-opening critical path and time lines: a spa treatment concept tailored to the location: payroll expenses and staffing forecasts: and recruitment and selection of qualified therapists for the spa.

服务内容包括水疗开业前工作进度表；因地制宜的疗程概念；薪金支出和人员需求量预测；招聘和选拔合格的理疗师

skills and training 技能培训

Our intensive on-site and off-site skills training includes the implementation of the spa treatment protocols: training in technical skills and in-depth product knowledge: and training consultation skills and pre & post treatment guest care.

我们现场和场外的深入培训包括对水疗疗程方案的落实；技术技能的培训和产品知识的深入了解；还有培训咨询技巧以及疗程前后照顾客人



planning & set up 计划 & 布置

operational service training 经营服务培训

services include implementation of the spa operating and service procedures; the development of an on-going therapist training program. spa and membership programs, guest spa journey and after care programs, and the development of the sales and marketing plan.

服务内容包括落实水疗经营和服务规程；开发进行中的理疗师培训、水疗会员制、客人水疗之旅和护理后的安排、开发营销计划

on site set up & implementation program 现场布置 & 落实计划

we assist in reviewing the spa defect list, preparing the spa daily checklist, and in providing spa concept immersion to the spa team. we also offer assistance in spa menu and spa opening press release write-up.

我们协助查看水疗缺陷事项，准备水疗每日检查表，并为水疗员工提供水疗概念浸入式培训。我们也会协助撰写水疗菜单和水疗开张新闻稿

post opening assessments 开业后评估

our team of senior and internationally qualified project consultants provide detailed on-site operational assessment and therapist evaluation 3 months and 6 months after implementation.

在开业后3个月和6个月中，我们团队中有具有国际资格的项目咨询师对现场操作情况和理疗师做出评估。



development award winning
treatment concepts
开发获奖疗法概念

treatment concepts 疗法概念

four seasons sayan, ubud, bali 巴厘岛乌布四季酒店

the five layers of being – the balinese secret to bliss. peel away the layers from internal to external, from earth to ethereal, within to without. start with the most primary need which is to “eat”; nutritionally charged spa superfoods, balinese super plants, herbs, fruits, extracts. the foundation of life “breathe”; meditation, pranayama, martial arts breathing. “feel” the wisdom and wonder with ancient rituals from powerful pre-wedding ceremonies & treatments, pre-post natal care, beauty and vitality. “learn” satisfy ones innate nature to discover with classes from cooking, herbal decoction or massage. “play” creative, explorative programs to push the envelope...cast down a ravine, master some whitewater or “sawah” run. an exploratory journey from a magical destination.

5层的存在，这是巴厘人幸福的秘密。由里及外，从地到天。从最基本的需求即“吃”；给身体充电的营养水疗食物，巴厘岛的超级植物、草药、水果和萃取物。生命“呼吸”之本；冥想、调息、武术呼吸。在古代仪式中，从强有力的婚前仪式&护理、到产前产后保健、美丽和活力，“感受”其智慧和奇妙。通过烹饪，煎煮草药或按摩等‘学习’来满足自己的天性。“玩”充满创意，冒险的的节目，挑战极限…跳入山涧，驾驭激流或在稻田里奔跑。一个魔力世界的探险之旅。



treatment concepts 疗法概念

URC puyu wuhan 武汉璞瑜酒店

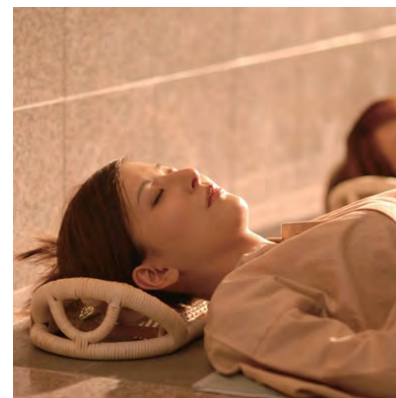
thermal techniques from china & japan are delivered with enzyme herbal baths, and hot stone bathing...unique to wuhan, the ganban'yoku treatment is "hot stone bathing without hot water". lay still in the stone platform and let the benefits from infrared rays and negative ions which pass through the ganban stones improve blood circulation, relieve stiff joints, and back pain. combined with a chosen body wrap it has a positive effect on metabolism, weight loss and detoxification.

中国日本引入的热技法，用活性草药浴和热石浴...武汉独有，岩盘浴疗法是“没有水的热石浴”。静静地躺在石台上，让红外线和负离子透过岩盘石帮助血液循环、舒缓强硬的关节和背疼。再结合精选体膜护理，促进新陈代谢、瘦身和排毒。

nihiwatu, sumba island 松巴岛,nihiwatu 度假酒店

on a sacred space with verdant forest, megalithic wonders, natural fauna and world heritage ocean, the spa journey shares a dialogue with nature and treatments are developed that reflect the history of the island and the natural resources found therein. sacred & iconic spaces, spiritual & shamanic journeys, martial arts with the inspiration from the great pasola warrior horsemen, botanical elements with earth healing; muds, seaweeds, waters, rock, ocean.

在这个与翠绿森林，巨石奇观，野生动物和世界遗产海洋为邻的神圣的空间里，水疗旅程分享了一个与自然的对话，疗法是应了岛国的历史和本土的资源而开发。神圣&标志性的空间、精神&萨满教旅程、以伟大的巴索拉勇士骑兵为启发的武术、大地愈疗的植物元素；泥土、海藻、水、石头、海洋。



treatment concepts 疗法概念

URC ruma, KL 吉隆坡如玛酒店

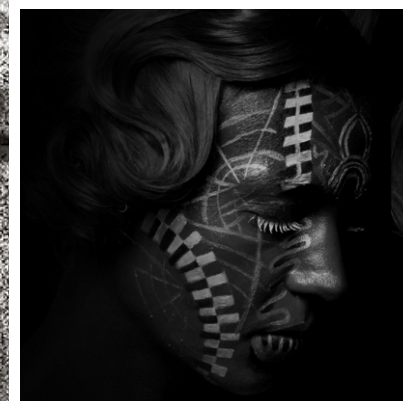
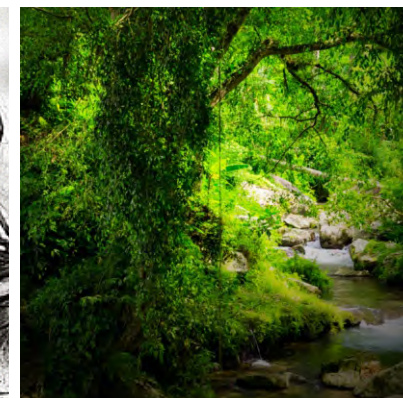
In the heart of the city in a modern vibrant hotel for global nomads, lies a deep indigenous offering of culturally relevant treatments and services. Modern takes on Asak Bidan, Sarawak Kendah massage, ancient urut rituals for men, exercises of warriors with women's Silat dance and the traditional pre and post natal care.

在这个城市的中心，一个为全球城市游牧民的而建的现代活力酒店里，享受富有深厚本土文化气息的护理和服务。Asak Bidan, Sarawak Kendah的现代式按摩，为男士的古代urut仪式，勇士的运动操和女士的Silat舞蹈，还有传统的产前产后护理。

yihe mansions, nanjing, china 中国南京颐和公馆

The Mansion Spa's treatment menu reflects the rich and ancient history of Nanjing from warmed Yangtze River Rock Hot Stone Massage, a remedial Bamboo Ritual developed because of bamboo's innate nature to grow and perpetuate longevity, ingredients that warm and detoxify like a 5-spice massage oil, to cleansing rituals with mineral rock salt scrubs, heated compresses and massage styles that could take you through ancient Silk Roads from Tuina, Reflexology, Thai, Ayurvedic breathing and the herbs & spices that followed. Welcome to The Mansion Spa Journey...

公馆水疗的疗程菜单，反映出的南京丰富而古老的历史。从扬子江热石按摩、愈疗的竹子仪式，因为竹子内在的天性，成长和保持长寿、像五香按摩油等成分来温暖和排毒，到用矿物岩盐磨砂做清洁仪式，热敷和可以让您体会到古代丝绸之路的按摩方式，如推拿、足疗、阿育吠陀呼吸法，还有相关的草药及香料。欢迎来到公馆水疗之旅。



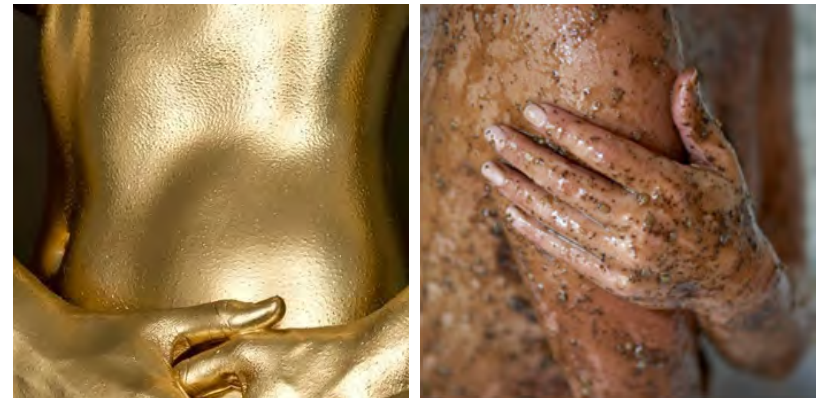
treatment concepts 疗法概念

away spa at w retreat & spa, seminyak, bali 巴厘塞米亚克W度假水疗的away spa

detox with the quintessentially away® spa “morning after” massage and refuel with the positively invigorating “raw energy” crushed sea salt & seaweed body brushing and fresh lime margarita massage.

go “ott” with the diamond dust body polish & pure gold wrap. or... indulge the senses by experiencing the sensational scent alchemist. then, there is shhhh... a secret collection of sexy, rare and exotic balinese treatments for even the most jaded spa addicts. the away® spa also features the “detox chamber” a pure oxygen filled blue room where guests are served fabulous potions and decompress before their treatments, the chill bar, the only spa bar in town (or anywhere, for that matter!) with its own “cat-walk”, seven stunning treatment suites complete with their very own “glow beds™” and sweat, a 24-hour state-of-the-art gym that makes looking and feeling gorgeous easy.

away®spa的粹粹“凌晨之后”的排毒按摩，再以让人精神一振的“原生能量”碎海盐&海藻身体按摩刷和鲜柑玛格丽特按摩补充能量。钻石砂身体磨砂和PURE GOLD体膜护理则让你“飞跃巅峰”。或者…体验一下这个感性的炼金术师香，纵容你的感官。然后，“SHHH...”还有为水疗痴迷的人们一系列性感的，希贵的和异国风情的神秘巴厘疗程。away®水疗还有一个纯氧的特色排毒蓝房，在这里客人可以在护理前充分吸氧减压。放松水吧，是个这个城市唯一一个水疗吧，还有一个独有的“走秀台”。7个漂亮的理疗房间都设有它们自己的发光床。24小时营业的艺术级健身房让你轻轻松松精神焕发。



treatment concepts 疗法概念

heavenly spa by westin, nusa dua, bali 巴厘努沙杜阿westin酒店的天梦水疗

heavenly spa by westin, nusa dua, bali embraces the cultural heritage with a mythical legend and merges the ancient with the modern. exquisite massage techniques like shiatsu (conducted in a treatment room specially designed for this) and manual lymphatic drainage treatment with 'healing hands' in combination with exclusive wet treatment rooms, with signature therapies to exfoliate and refresh the skin make the heavenly spa by westin™ a true wellness destination. authentic local island ingredients such as locally sourced seaweed and clay body masks are infused inside a private steam room with chromatherapy lighting for optimal results – delivering a truly world class wellness experience with the best of local island offerings.

巴厘努沙杜阿westin酒店的天梦水疗坐落在充满神秘传说的文化遗产中，把现代融入了古老。精品按摩技法诸如指压（有专门理疗房提供此按摩）还有‘妙手仁心’淋巴排毒疗程结合专有的湿理疗房，以招牌特色的疗法来去除角质、更新肌肤，使westin的天梦水疗成为一个名副其实的养身度假地。当地小岛原产的成分如本地海藻粘土身体贴膜会在一个隐私的蒸汽房进行，加以疗法灯光达到最佳效果-用当地岛上最佳的物产带给你真正世界级的养身体验。



awards

award list 获得奖项

spachina awards short listed 2015

2015年中国水疗入围奖

nanjing han yue lou plaza hotel, solis manage hotel,
capella hotel group

嘉佩乐酒店集团南京首丽斯涵月楼广场酒店

iridium spa, st. regis chengdu, china

中国成都瑞吉酒店铭瑞水疗

2015 best spa design of the year
年度最佳水疗设计

2015 best spa design of the year
年度最佳水疗设计

2015 awards finalist: luxury spa

2015最终入围奖：豪华水疗

away spa at w retreat & spa bali, seminyak, indonesia

印尼塞米亚克w度假和水疗酒店away水疗

the yihe mensions nanjing, china 中国南京颐和公馆

2015 best newcomer 最佳新开水疗

2015 best newcomer 最佳新开水疗

shortlisted 入围奖

the asia hotel design award 2015

2015年亚洲酒店设计大奖

heavenly spa by westin, nusa dua bali, indonesia

印尼巴厘努沙杜阿威斯汀酒店的天梦水疗

the puyu, wuhan, china 武汉璞瑜酒店

2015 interior design spa & wellness

室内设计 水疗&健康

2015 interior design spa & wellness

室内设计 水疗&健康

best for most unique treatment 最佳独特疗程

away spa at w retreat & spa bali, seminyak, indonesia

印尼塞米亚克w度假和水疗酒店away水疗

2015 detox oxygen therapy 排毒氧气疗法

world luxury spa awards 世界豪华水疗奖

heavenly spa by westin, nusa dua bali, indonesia

印尼巴厘努沙杜阿威斯汀酒店的天梦水疗

lagoon spa, luxury collection laguna, bali, indonesia

巴厘拉古娜豪华精选礁湖水疗

duniye maldives 马尔代夫duniye

lagoon spa, luxury collection laguna, bali, indonesia

巴厘拉古娜豪华精选礁湖水疗

2014 winner best luxury wellness spa of the year
荣获2014年最佳豪华健康水疗

2014 finalist for best luxury emerging spa
年最佳新兴豪华水疗入围奖

2014 best luxury resort spa 最佳豪华度假村水疗

2013 winner the best spa indulgences at

starwood preferred guest member

荣获2013年喜达屋优先会员最佳水疗

the prestigious international hotel award

国际知名酒店最佳水疗酒店大奖

lagoon spa, luxury collection laguna, bali, indonesia

巴厘拉古娜豪华精选礁湖水疗

2013 winner the best spa hotel for indonesia
年印尼最佳水疗酒店

spa asia awards 亚洲水疗奖项

away spa at w retreat & spa bali, seminyak, indonesia

印尼塞米亚克w度假和水疗酒店away水疗

2011 winner of new spa of the year 年最具创新水疗

2011 short listed for spa design of the year
最忌水疗设计入围奖

the spa @ the edge, bali, indonesia 印尼巴厘 the spa@the edge

2010 winner of most innovative spa of the year
年最佳新开水疗酒店

AHDA2015
ASIA HOTEL DESIGN AWARDS



SpaChina Awards
中国水疗颁奖礼2015



award list 获得奖项

spa china awards 中国水疗大奖

empress imperial jade journey - chi, the spa at shangri-la hotel, beijing, china 中国北京香格里拉气水疗的女皇玉石之旅 2010

white tiger autumn rites - qin, the spa at four seasons hotel, shanghai 上海四季酒店“沁”水疗中心-白虎秋仪疗程 2010

best spa treatment package of the year
年最佳水疗疗程套餐

best tcm treatment of the year
年最佳中医疗程

crystal awards 亚洲水疗水晶奖

a journey to serenity - four seasons resort maldives at kuda huraa 马尔代夫库达呼拉岛四季酒店 — a journey to serenity 2009

devi bhavani ritual for women - four seasons resort maldives at landaa giraavaru 马尔代夫兰达吉拉瓦鲁岛四季酒店 — devi bhavani ritual for women 2008

giraavaru sacred water ritual - four seasons resort maldives at landaa giraavaru 马尔代夫兰达吉拉瓦鲁岛四季酒店 — giraavaru sacred water ritual 2007

best signature experience
年度最佳特色体验大奖

best complementary & alternative medicine wellness centre 年度best complementary & alternative medicine wellness centre大奖

best signature experience
年度最具特色体验大奖

petal massage - thr ritz carlton, bali resort & spa, indonesia 印度尼西亚巴厘岛丽思卡尔顿饭店 — 花瓣按摩 2005

best signature treatment
年度best signature treatment 大奖



client list 我们的客户

spa design & consultancy 水疗设计&咨询

commercial projects 商业项目

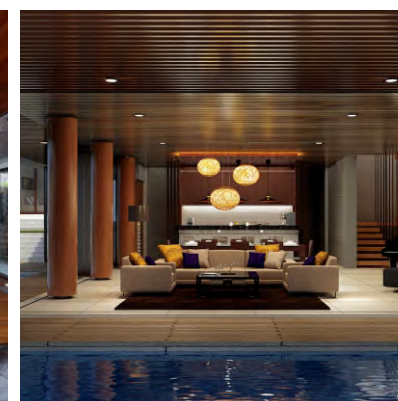
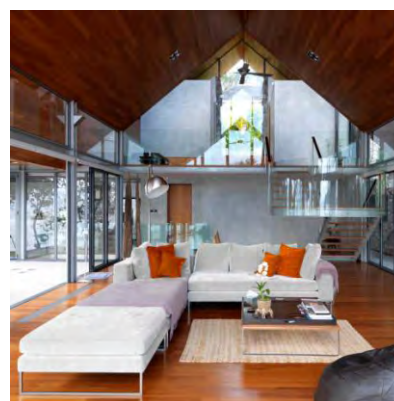
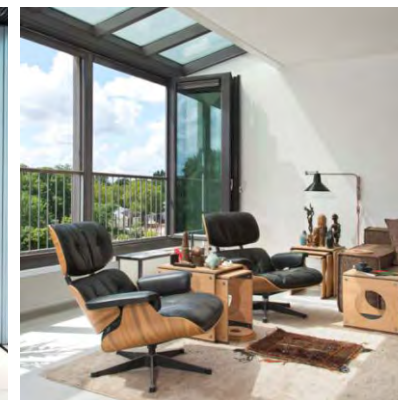
Fullshare, 31 scotts road	2015	singapore
panbil sector v panbil sector v	2015	batam, indonesia
gerritsen residence gerritsen 别墅	2013	koh samui, thailand
gerritsen residence gerritsen 别墅	2012	amsterdam, netherlands
nyang - nyang 情人崖	2008	bali, indonesia

residence projects 住宅项目

long residence long 别墅	2012	hongkong
amalia residence amalia 别墅	2012	phuket, thailand
houho residence houho 别墅	2011	taiwan
chen residence chen 别墅	2011	taichung, taiwan
morrison residence morrison 别墅	2008	byron bay, australia
inder residence inder 别墅	2007	byron bay, australia
sharpe residence sharpe 别墅	2005	byron bay, australia

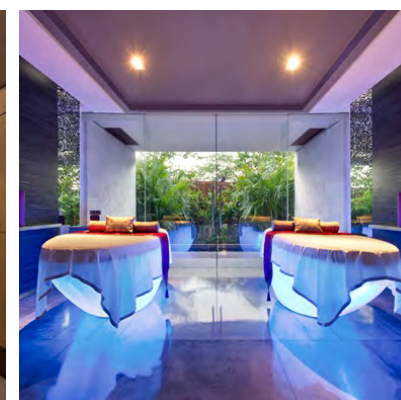
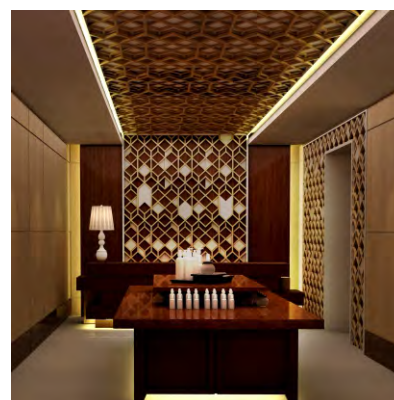
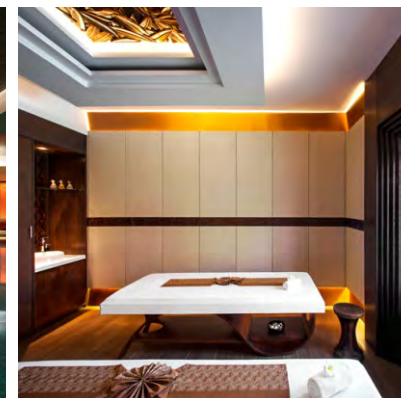
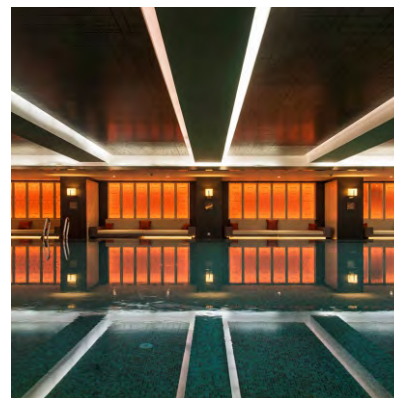
hospitality projects

iridium spa, st. regis kuala lumpur, starwood hotel & resort 吉隆坡瑞吉酒店铂瑞水疗	2015	kuala lumpur, malaysia
jhl solitaire gading serpong 万豪新村宝石酒店	2015	jakarta, indonesia
away spa, w shenyang, starwood hotel & resort 沈阳W酒店away水疗	2015	shenyang, china
urspa, the puxuan beijing hotel, urban resort concept hotel 北京璞瑄酒店urspa水疗	2015	beijing, china
radisson resort uluwatu 乌鲁瓦图丽笙度假村	2014	uluwatu, indonesia
rosewood tanah lot bali, rosewood hotels & resort	2014	tabanan, indonesia
巴厘岛海神庙瑰丽酒店, 瑰丽酒店和度假村		
away spa, w beijing, starwood hotel & resort 北京W酒店away水疗	2014	beijing, china
panbil sector 5 batam 巴淡岛巴淡5期	2014	batam, indonesia
locz incheon entertainment resort & leisure complex LOCZ仁川娱乐度假休闲中心	2014	incheon, korea
fullshare health & wellness centre scotts road singapore 新加坡丰盛集团康体中心	2014	singapore
the luxury collection xiamen, starwood hotel & resort 厦门豪华精选酒店	2014	xiamen, china
urspa, the pujan chengdu hotel, urban resort concept hotel 成都普锦酒店瑞水疗	2014	chengdu, china
shine spa, xi'an terra cotta warrior sheraton hot spring resort 西安兵马俑喜来登温泉度假村炫逸水疗	2014	xi'an, china
auriga spa, solis ubud ressort & spa, capella hotel group 嘉佩乐酒店集团首丽斯度假村和水疗, 御夫座水疗	2014	ubud, indonesia
urspa, the pushang xiamen hotel, urban resort concept hotel 厦门璞尚酒店瑞水疗	2014	xiamen, china
dazhongli hotel shanghai, swire properties 太古集团大中里酒店	2014	shanghai, china
the temple house hotel chengdu, swire properties 太古集团成都大慈寺酒店	2013	chengdu, china
urspa, the ruma ki hotel, urban resort concept hotel 吉隆坡如玛酒店瑞水疗	2013	kuala lumpur, malaysia
spa & wellness, bo'ao king bay hotel, capella hotel group 海南博鳌金湾酒店, 水疗健康中心	2013	hainan, china
iridium spa, st regis maldives, starwood hotel & resort 马尔代夫瑞吉酒店铂瑞水疗	2013	maldives
nihiwatu resort sumba island 松巴岛Nihiwatu 度假村	2013	sumba, indonesia
chang bai mountain international hot spring resort 长白山国际温泉度假村	2013	changbai mountain, china



spa design & consultancy 水疗设计&咨询

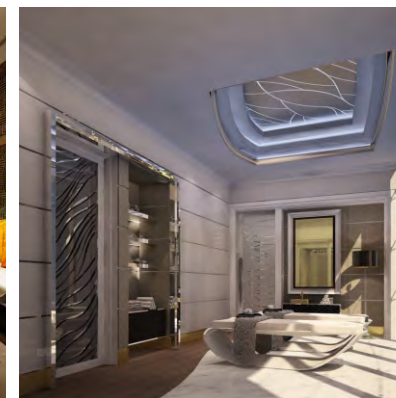
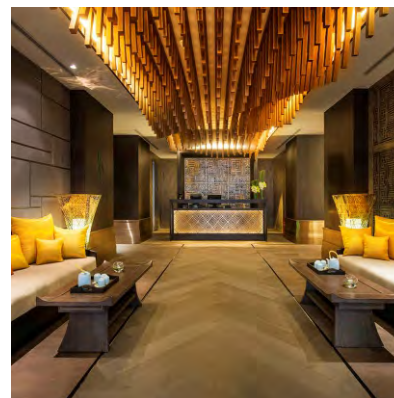
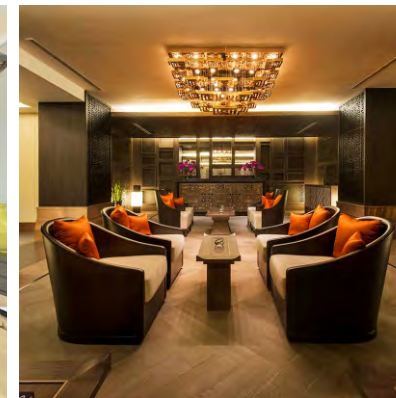
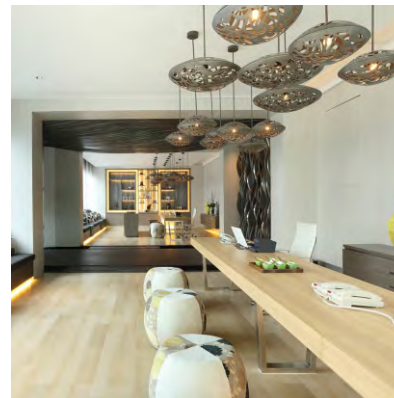
four seasons resort bali at jimbaran bay 巴厘岛金巴兰湾四季度假酒店	2013	bali, indonesia
chi spa, shangri-la hotel beijing 北京香格里拉酒店气水疗	2013	beijing, china
heavenly spa, the westin nusa dua, starwood hotel & resort 努沙杜阿威斯汀酒店天梦水疗	2012	bali, indonesia
nanjing yihe mansion 南京颐和公馆	2012	nanjing, china
le meridien bali 巴厘金巴兰艾美酒店	2012	bali, indonesia
world trade centre hotel nanjing 南京世贸中心酒店水疗中心	2012	nanjing, china
away spa, w goa, starwood hotel & resort 果阿w酒店away水疗中心	2012	goa, india
urspa, the puyu wuhan, urban resort concepts hotel 武汉璞瑜酒店瑶水疗	2011	wuhan, china
han yue lou plaza hotel, solis manage hotel, capella hotel group 南京索利斯涵月楼广场酒店	2011	nanjing, china
han yue resort and spa, capella manage hotel, capella hotel group 九华山嘉佩乐涵月楼度假村和水疗中心	2011	jiuhua mountain, china
iridium spa, st. regis zhuhai, starwood hotel & resort 珠海瑞吉酒店铭瑞水疗	2011	zhuhai, china
iridium spa, st. regis chengdu, starwood hotel & resort 成都瑞吉酒店铭瑞水疗	2011	chengdu, china
dubai pearl 迪拜珍珠	2011	dubai, uae
lagoon spa, the luxury collection laguna nusa dua, starwood hotel & resort 拉古娜努沙杜阿礁湖水疗	2011	bali, indonesia
talise spa, jumeirah hotel guangzhou 广州卓美亚泰利斯水疗中心	2011	guangzhou, china
kerry hotel pudong shanghai 上海浦东嘉里大酒店	2011	shanghai, china
heavenly spa, the westin pazho, starwood hotel & resort 琶洲威斯汀酒店天梦水疗	2010	pazhou, china
iridium spa, st. regis lhasa, starwood hotel & resort 拉萨瑞吉酒店铭瑞水疗	2010	lhasa, tibet
four seasons hotel hangzhou at west lake 杭州西湖四季酒店	2010	hangzhou, china
heavenly spa, the westin xian, starwood hotel & resort 西安威斯汀酒店天梦水疗	2009	xian, china
away spa, w singapore - sentosa cove, starwood hotel & resort 圣淘沙w酒店away水疗	2009	sentosa, singapore
auriga spa, capella singapore, capella hotel group 嘉佩乐酒店御夫座水疗中心	2009	singapore
four seasons maldives at kuda hurra 马尔代夫库达呼拉四季酒店	2009	maldives
four seasons shanghai 上海四季酒店	2009	shanghai, china
the ritz carlton jakarta 雅加达丽姿卡尔顿	2009	jakarta, indonesia
away spa, w retreat & spa bali, starwood hotel & resort 巴厘岛w度假酒店away水疗	2008	bali, indonesia
four points by sheraton shenzhen, starwood hotel & resort 深圳福朋喜来登酒店	2008	shenzhen, china
shine spa, sheraton guangzhou, starwood hotel & resort 广州喜来登炫逸水疗	2008	guangzhou, china
the spa at the edge bali 巴厘岛the edges水疗	2008	bali, indonesia
away spa, w bangkok, starwood hotel & resort 曼谷w酒店away水疗	2008	bangkok, thailand
away spa, w guangzhou, starwood hotel & resort 广州w酒店away水疗	2008	guangzhou, china
talise spa, zendai himalayas hotel, jumeirah 上海卓美亚喜马拉雅酒店泰利斯水疗	2008	shanghai, china
four seasons maldives landaa giraavaru 兰达吉拉瓦鲁四季酒店	2007	maldives
bayhood no.9 spa, beijing 北京北湖9号酒店	2007	beijing, china
pattra resort, guangzhou 广州金叶子度假酒店	2007	guangzhou, china
aryaduta hotel & resort medan 雅加达安亚杜塔酒店	2006	jakarta, indonesia
buddha-bar hotels & resorts, worldwide 世界各地佛陀酒店	2006	worldwide



spa design & consultancy 水疗设计&咨询

the ritz carlton bali 巴厘岛丽姿卡尔顿酒店
fuchun resort, hangzhou 杭州富春度假酒店
aman resorts, worldwide 各地安缦酒店

2005 bali, indonesia
2004 hangzhou, china
2003 worldwide



treatment development 疗程开发的客户

Amanyara 美国阿曼亚拉
Auberge Discovery Bay Hong Kong 香港愉景湾酒店
Auriga Capella Singapore 新加坡嘉佩乐御夫座酒店
Auriga Pedregal Cabo San Lucas 墨西哥佩德雷加尔御夫座酒店
AYANA Resort and Spa Bali 印尼巴厘岛阿雅娜度假水疗酒店
Duniye Meeru Island 马尔代夫美茹岛Duniye
Fivelements 印尼巴厘岛五元素酒店
Four Seasons Jakarta 印尼雅加达四季酒店
Four Seasons Jimbaran 印尼巴厘岛金芭兰四季酒店
Four Seasons Sayan 印尼巴厘岛乌布四季度假村
Four Seasons Maldives at Kuda Huraa 马尔代夫库达呼拉四季酒店
Four Seasons Maldives at Landaa Giraavaru 马尔代夫兰达吉拉瓦鲁四季酒店
Four Seasons Macao 中国澳门四季酒店
Four Seasons Seychelles 塞舌尔四季酒店
Four Seasons Beijing 中国北京四季酒店
Four Seasons Chiang Mai 泰国清迈四季酒店
Four Seasons Singapore 新加坡四季酒店
Fuchun Resorts 中国富春度假村
Intercontinental Jakarta 印尼雅加达洲际酒店
Jari Menari 印尼巴厘岛日惹酒店
Karma Spa Bali 印尼巴厘岛Karma水疗
Karma Spa Rottneest Lodge 澳大利亚罗特内斯特洛奇酒店Karma水疗
Kerry Beijing 中国北京嘉里酒店
Kerry Hotel Pudong 中国浦东嘉里酒店
Losari (The Hamam) Spa 印尼洛萨里水疗
Nanjing Ningyi Industrial Co. Ltd 中国南京宁益工业有限公司
PARADIS botanical 世界植物PARADIS
Nikoi Island 印尼尼可伊岛
Puyu Wuhan 中国武汉璞瑜酒店
Ritz Carlton Jakarta (Pacific Place) 印尼雅加达丽姿卡尔顿酒店
Rob Peetoom 印尼巴厘岛Rob Peetoom水疗
Shangri-la Hotel Jakarta 印尼雅加达香格里拉酒店
Shangri-la Pudong 中国浦东香格里拉酒店
Shangri-la Jing An 中国静安香格里拉酒店
Sheraton Bali - Kuta Resort 印尼巴厘岛喜来登库塔度假村
Sheraton Shenzhen Peninsula Resort 中国喜来登深圳半岛度假村
Sofitel Nusa Dua 印尼努沙杜阿索菲特酒店
Spa Botanica - Maxbright Pte Ltd 新加坡Maxbright私人有限公司植物水疗
St. Regis Bali 印尼巴厘岛瑞吉酒店
The Dharmawangsa 印尼达哈旺萨酒店
The Edge 印尼巴厘岛The Edge
The Royal Bali Beach Club (Jimbaran) 印尼巴厘岛金芭兰皇家巴厘海滩俱乐部
Tirtha Bridal 印尼水之教堂
Villa Bambu Indah 印尼巴厘岛滨竹英达别墅酒店
W Hotel Bali 印尼巴厘岛W酒店
W Hotel Guangzhou 中国广州W酒店
W Hotel Maldives 马尔代夫W酒店
Westin Nusa Dua 印尼努沙杜阿威斯汀酒店

US
Hong Kong
Singapore
Mexico
Bali, Indonesia
Maldives
Bali, Indonesia
Indonesia
Bali, Indonesia
Bali, Indonesia
Maldives
Maldives
China
China
China
Thailand
Singapore
China
Indonesia
Bali, Indonesia
Bali, Indonesia
Australia
China
China
Indonesia
China
Indonesia
China
Indonesia
Worldwide
Indonesia
China
Indonesia
Bali, Indonesia
Indonesia
China
China
Bali, Indonesia
China
Bali, Indonesia
Singapore
Bali, Indonesia
Indonesia
Bali, Indonesia
Bali, Indonesia
Bali, Indonesia
China
Maldives
Bali, Indonesia



media coverage 媒体报道

SpaChina 水疗中国

oct 2015

Interview with Adria W. Lake, Founder and Managing Director of A.W LAKE 360° Wellness Design
采访A.W LAKE 360° Wellness Design的创始人和常务董事 Adria.W Lake



当谈及全球范围内兴起的全新趋势和市场需求对水疗中心未来的设计和运营所带来的颠覆，A.W.LAKE 360° Wellness 创始人及总经理Adria W.Lake说道，“要在市场上站稳脚跟，水疗行业人士应当了解和满足新时代消费者对健康养生的需求”。

而新时代的消费者具有哪些特征？水疗中心又该如何更好地满足新兴的市场需求？Uberwell™应运而生。由A.W.LAKE研发的这一能够满足所有养生需求的模式——UBERWELL™，是一个整合了产品、科技和服务的线上线下中心。SpaChina邀请Adria为我们披露更多细节。

请问您开发Uberwell™的灵感来源是什么？激发我构想Uberwell™的灵感来源于如今的消费者对于健康养生需求的态度和观点发生了本质上的变化，而科技的急速发展为这种变化提供了技术上的支持。需求变化和科技发展这两股趋势最终相互交汇，势必会诞生跨时代的新事物。

在不到十年以前，我们对于自身健康的诊断和治疗都依赖于医生。而如今我们对数据和信息拥有更为广泛的资源和渠道，在自身健康的维护和预防方面，都希望获得更为积极主动的控制权。诚然，对于获取的信息我们还需要进一步筛选和加以选择，但通过访问和阅读博客、线上论坛等平



台获取资源，能够提供有效的建议和自我教育。我们创造并提出了“Uberwell™”这一术语，将这类新兴的消费者归纳为一个群体。目前我们正在研发Uberwell™相关的产品和服务，使我们的客人能够处在这一全球性大浪潮的前列。

您如何看待移动水疗服务的市场潜力？

移动水疗服务的出现是必然而且不可避免的，并且这一趋势其实只是整个行业趋势的冰山一角，健康、美容、养生相关的移动服务正大行其道，未来也将会成为新的行业常态。

按需式市场的潜力巨大不可预估，假以时日，我们可以随时随地获取任何我们所需的服务。当然，这对酒店行业并不一定带来挑战和威胁，因为移动服务的核心目标客户并非在外出游的旅行客。并且，如果酒店的服务能够满足需求，大部分酒店住客更倾向于使用酒店服务。因此对于酒店而言，此时的自我定位就应该是优质且值得信赖的服务。

目前对Uberwell™的开发进行到了哪一个阶段？

对于Uberwell™的理念，我们已经设想了一年之久。目前许多酒店水疗中心的设计和运营已经略有过时之感，经营模式不能支撑业务的发展。与此同时，酒店外独立经营的水疗中心也正在逐步崛起，提供类似的服务和更具竞争力的价格。Uberwell™的第一个产品

和服务是Uberwell™博客，于今年9月刚刚上线，我们希望将这一博客打造得更具活力，而作为一个交互式的平台，也能够为使用者提供更多有用的信息和专题，如实用的移动应用、设计标准和咨询服务。

您打算如何与酒店和水疗中心合作？

酒店和水疗中心是我们的核心客户，Uberwell™的设计理念便是根据其需求所打造的。通过和不同酒店品牌的合作，我们可以为客人打造专门的Uberwell™空间和体验，通过这样的方式，加强空间应用、提高收益、增强客户的整体体验。

Uberwell™的目标客户群有哪些？

不同于按特定的年龄群或消费水平来区分消费者，Uberwell™一代的要求不限制年龄和消费水平，可以是任何追求积极快乐生活的人。只要是对养生具有渴望，对科技敏感，热爱社交，务实向上，都能够被称为Uberwell™一代。这便是新一代的消费者，与其夸夸其谈，更注重功能性和实用性，拥有踏踏实实的内心。

健康养生在这一代人中拥有不同的定义，可以是自信的面貌，也可以是清晰的头脑，还可以是积极的生活方式。Uberwell™空间的存在就是为其提供体验的平台。

您如何看待中国市场？

中国消费者是全球最关注自身健康和具有养生意识的群体之一，中国同样还是传统中医学的诞生地，中医学本身就是一套复杂和整全的养生系统。对于Uberwell™在中国市场和消费者中的发展，我很有信心，也希望这种新兴的健康养生理念在中国市场能够受到欢迎。

clad news – clad 新闻

sep 2015

wellness design firm A.W. Lake has launched uberwell
a wellness design, technology and trend blog
康体室内设计公司AWLAKE推出了uberwell博客
一个康体设计，科技和潮流的博客

CLADnews for leisure architects, designers, investors & developers

A.W. Lake launches Uberwell blog for wellness design and trends

BY JANE KITCHEN | 09 SEP 2015



A.W. Lake is a wellness design firm that has worked on many spa projects, including the Changbai Mountain International Hot Spring Resort (pictured).

Wellness design firm A.W. Lake has launched Uberwell – a wellness design, technology and trend blog – intended to keep hotel and commercial property owners, developers and operators at the forefront of the wellness trend. “Recently valued at US\$3.4tn (£3tn, £2.2tn) dollars, wellness has gone mainstream,” said Adria Lake, owner and managing director of A.W. Lake. “Spanning across generations and market demographics, the wellness consumer is anyone and everyone who aspires to be healthy, happy and have plenty of energy for an active lifestyle.” Uberwell curates articles from across the internet which are relevant to the wellness consumer, whom Lake describes as health conscious, but also tech-savvy, socially connected and skeptical. “Understanding the complex mindset and evolving expectations of the Uberwell consumer gives any business a substantial advantage over the competition,” said Lake. “But staying ahead of the curve is even more relevant within the hospitality, commercial and residential development arena where consumers’ concern over their wellbeing – while travelling, and at home – is at an all-time high.” The Uberwell blog can be found at www.uberwell.com

clad news – clad 新闻

aug 2015

the puxuan hotel & spa 璞瑄酒店及水疗

CLADnews for leisure architects, designers, investors & developers

Beijing Guardian Art Centre by Büro Ole Scheeren will have spa by Remedios Studio

BY HELEN ANDREWS | 14 AUG 2015



spa opportunities 水疗机遇

the puxuan hotel & spa 璞瑄酒店及水疗

aug 2015

spa opportunities

Spa news and jobs in association with Spa Business magazine



Büro Ole Scheeren's Beijing Guardian Art Centre to receive Remedios Studio-designed spa

Wellness hospitality and spa design firm A.W. Lake is working on a new spa to be located in the Guardian Art Centre Beijing, China – the project that has been masterplanned by Büro Ole Scheeren.

Expected to open in Q1 2017, the 120-bedroom hotel called Puxuan Beijing Hotel & Spa is being constructed within the new home of auction house China Guardian. The Urban Resort Concept-operated hotel will have views of the Forbidden City – the Chinese imperial palace from the Ming dynasty to the end of the Qing dynasty. Other facilities planned at the site include a museum, courtyard, event space and several restaurants.

Owned by Beijing Huangdu Real Estate Development, the hotel's URSpa will span 1,000sq m (10,764sq ft) across two floors. The spa journey, designed by A.W. Lake, begins with a signature heat experience, including a quick body scrub or stretching movement exercises with a therapist to get the body warm in preparation for a massage.

The interior design of the hotel has been conceptualised by Hong Kong-based Remedios Studio. Minutes away from Beijing's main commercial and shopping district, the hotel will house two restaurants.

A.W. Lake is also collaborating on another project with operator Urban Resort Concept for a URSpa in Xiamen China. Büro Ole Scheeren's design for the Guardian Art Centre has sought to inscribe the building into the surrounding context, fusing history and tradition with a contemporary vision for the future of a cultural art space. The 'pixelated' volumes of the lower portion of the building are designed to echo the grain, colour and scale of Beijing's hutongs (narrow alleys), while the upper portion of the building responds to the larger scale of the surrounding contemporary city.

"I feel fortunate to have the opportunity to design this Art Center, which allows me to pay tribute to a country and city where I have now worked for over a decade," said Ole Scheeren.

"The building is located at a historic site that holds special significance to China, at an intersection of two streets, and two worlds: Beijing's most famous commercial street Wangfujing and Wusi Dajie, the site where the New Cultural Movement originated after the Qing Dynasty.

"It explicitly pays respect to its context and location but also comes to embody the nature of an auction house at the intersection of culture and commerce.

spa business handbook 2015

2015

2015 水疗商务手册
changbai mountain hot spring resort
长白山温泉度假酒店

spa business

2015 HANDBOOK

Changbai Mountain International Hot Spring Resort

China

Opening: 2015

A hydrothermal kids spa is just one of the elements planned at the 6,200sq m (67,000sq ft) wellness facility at the Changbai Mountain International Hot Spring Resort in China.

The AW Lake-designed spa will be divided into five zones with natural spring water of varying temperatures. Areas includes a Forest zone with healing herbal pools and a Mountain zone with therapeutic hot stone baths. There will also be five express treatment rooms and a wet area with Korean scrub stations.

AW Lake also conducted the feasibility of the spa and consultancy owner Adria Lake says: "In the first year, the hot spring expects 168,570 guests – inclusive of in-house hotel guests and walk-in visitors."



The 300-bed InterContinental resort will operate under the Crowne Plaza brand and is located in China's largest nature reserve near the Korean border.

■ <http://lei.sr?a=A4S6K>

spa opportunities 水疗机遇

swire daci temple 太古大慈寺

July 2015

spa opportunities

Spa news and jobs in association with Spa Business magazine



03 Jul 2015

Mi Xun Spa opens in restored monastery at The Temple House hotel

BY Jak Phillips



The Mi Xun Spa opens this month in a restored monastery at Swire Hotels' The Temple House – an urban hotel in Chengdu, China. The spa includes 11 treatment areas, a gentleman's barbershop, and a teahouse, as well as a retail spa shop.

Operated in-house by Swire Hotels, the 2,000sq ft (186sq m) spa uses products from Natura Bisse, Mesoestetic, Therae and Refinery, and Coates also works to match treatments to the wellness benefits of different teas in the tearoom.

"It's so unique to be able to offer modern-day treatments in such an old, characteristic and beautiful building," spa director Kelly Coates told Spa Opportunities.

This is the third in Swire's House Collective portfolio, following The Opposite House in Beijing and The Upper House in Hong Kong. The hotel is located in the heart of Chengdu within the Sino-Ocean Taikoo Li

The three-dimensional woven façade combines modern design with the traditional Chengdu architectural elements of timber, brick and step stones, the company said. Bamboo trees frame the hotel's entrance, which is set in a restored hundred-year-old Chinese courtyard building.

Swire said The Temple House is an "understated luxury experience," designed to evoke the modest houses provided for scholars who came from all over the world to study at the temple. Creating a welcoming, "local" quality was key to the design concept.

"The design was not a linear process," said Katy Ghahremani, Make partner and lead architect on the project. "It was an iterative dialogue with Swire Hotels, which made the process more interesting. We could look at the design holistically, and this created a really dynamic relationship between the design of the hotel's external and internal spaces."

The hotel has a typical Siheyuan, or 'courtyard house' design, with a sequence of courtyard gardens bordered by two L-plan medium-rise buildings that house the hotel rooms and apartments. A Qing Dynasty heritage building is the anchor and entrance point for the hotel.

Throughout the design process, Make and Swire Hotels undertook rigorous testing of visual and experiential possibilities relating to surface textures, internal light and shadow effects, and interior views, the company said. This means that rooms with city-facing views are solid and brick-built, for instance, while courtyard-facing facades are sheer curtain-walls of subtly fritted glass, designed to maximise the reflection of light into the courtyard.

The city-facing brick façades of the hotel were inspired by the local production of brocade, and feature woven-in brass elements, combining modern design with the traditional Chengdu architectural elements of timber, brick and step stones. The courtyard section includes stepped elements designed to be reminiscent of the terraced paddy fields of Sichuan's hillsides when seen from beneath, an effect also echoed in the design of the grand staircase.

spa opportunities 水疗机遇

urc pushang xiamen 厦门璞尚urc

sep 2014

spa opportunities

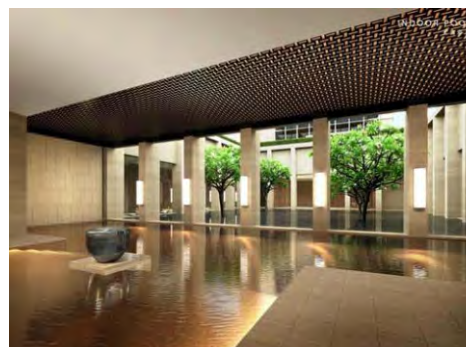
Spa news and jobs in association with Spa Business magazine



12 Sep 2014

Water Palace Spa planned for hotel in Xiamen, China, by A.W. Lake

BY HELEN ANDREWS



The Urban Resort Concept-operated (URC) PuShang Hotel and Spa in Xiamen, China, is set to open in Q4 of 2016 with a Water Palace Spa, based on the importance of bathing in Chinese culture.

The 175-bedroom hotel's 3,200sq m (34,445sq ft) URSPA will include 12 treatment chambers – two of which are double treatment suites. The chambers, which occupy 2,717sq m (29,246sq ft) of the spa, are lantern-like cubes dispersed throughout the whole of the water palace. Spa consultancy A.W. Lake is responsible for the spa concept, design consultancy – in collaboration with hospitality architecture firm Layan Design – and pre-opening and operational services.

The extensive wet zone facilities will include separate baths with the following ingredients: salt, ice, hot stones, herbal, detox tea and scented dew. There will be a hydro circuit including a swan neck jet, a hydro-massage chair and a separate hydro-jet circuit.

Korean-style scrub tables will also feature in the spa, as well as a heated stone relaxation platform and an Indian rope massage chamber.

There will also be a retail area, a salon with a hair station, a mani-pedi section and a gym with both cardio stations and a yoga/Pilates studio. The male and female locker rooms will be complete with a sauna and steamroom.

Adria Lake – founder and owner of spa consultancy A.W. Lake – told Spa Opportunities that the Water Palace Spa is a 21st century interpretation of the ancient Imperial Chinese baths. "Although the benefits of hydrotherapy are well understood, hydropools are usually tucked away in lockers as more of an afterthought than as a main feature



photo: A.W. Lake and Layan Design

spa china wellness trend

中国水疗养身趋势

children's wellness 儿童健康

A.W.LAKE's hydro-thermal kids spa concept for children ages 3-9 years

CHILDREN'S WELLNESS



spa opportunities 水疗机遇

changbai mountain hot spring resort

长白山温泉度假酒店

aug - sept 2014

Find great staff™

A SPA BUSINESS PUBLICATION

spa opportunities

19 Aug 2014

A.W. Lake reveals plans for mammoth Changbai Mountain Hot Spring Resort

BY HELEN ANDREWS



The luxury spa is hoping to attract both families and business professionals, according to Adria Lake, founder and owner of spa consultancy A.W. Lake

photo: A.W. Lake

The IHG-operated Changbai Mountain International Hot Spring Resort will open in 2015 in China's largest nature reserve near the Korean border, home to the rare Manchurian tiger, snow leopards and wild ginseng. The area is also part of a UNESCO 'man and biosphere' environment programme.

Located in the southeast of the Chinese Jilin Province, the 300-key resort is being developed on the northern slope of the Changbaishan mountain. The hotel on the premises will be operated by IHG's luxury brand Crowne Plaza. The resort, which overlooks Tianchi – the Heavenly Lake – is owned by Changbai Mountain Tourism.

Nestled within the 2,000sq km (772sq miles) natural zoo of Changbai Mountain Nature Reserve, the resort will feature a 6,200sq m (67,000sq ft) natural hot spring spa conceptualised by spa consultancy A.W. Lake. Investment figures for the resort's development have not been revealed.

Divided into five zones with varying temperatures of 38–42°C, (100–108°F) the restorative hot spring water contains minerals such as calcium sulphate, magnesium and potassium. The first 'Lake' zone is an indoor-outdoor tranquil pool; the 'Forest' zone features healing herbal pools; the 'Mountain' zone has therapeutic hot stone baths. A 'Waterfall' zone is also included, in addition to a private, VIP-only hot spring area called the 'Hidden Valley'.

There will also be five express treatment rooms, a wet area with Korean scrub stations, sauna and steamroom, plus a plunge pool.

Other facilities include an indoor and outdoor hydro-thermal kids spa, a lounge called the 'Mahjong room' and retail area.

Speaking exclusively to Spa Opportunities, Adria Lake – founder and owner of spa consultancy A.W. Lake – said her company is in charge of the hot spring spa's interior design as well as the provision of a feasibility study with a three-year projection, plus treatment development.

"In the first year, the hot spring expects 168,570 guests – inclusive of in-house hotel guests and walk-in visitors," said Lake. "In high season, we estimate 360 in-house guests, plus 467 predicted walk-in guests will use the spa daily



spa opportunities 水疗机遇

kids spa concept 儿童水疗概念

July 2014

spaconsultancy .biz
News, features and products for spa consultants

14 Jul 2014

A.W. Lake develops child-specific spa concept

BY HELEN ANDREWS



The kids spa menu includes salt body scrubs, a hydro jet massage and mud bath body wraps.

spa trends 水疗趋势

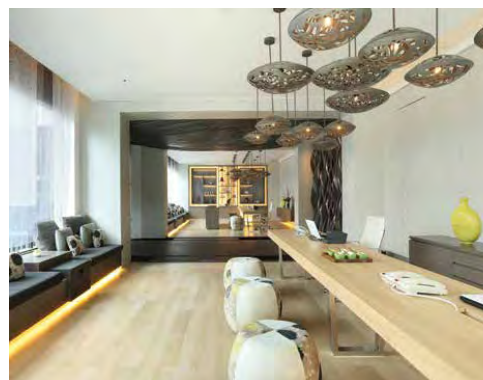
heavenly spa by westin 威斯汀天梦水疗

may-june 2014

SpaTrends

Old Spas, New Tricks

It's a tough world out there for spas. Keeping relevant and retaining clients is often a major concern for both the spa and its investors – be it a huge hotel chain or a labour of love



Over the years, the spa industry has developed a lot of catch phrases, throwing around words like 'medi-spa' and 'wellness'. But for the already established, which of these, if either, is the way to go? 'After two decades of commercial success, the industry is struggling to find its purpose and identity in a spa-savvy market,' says Adria Lake, Founder and Managing Director of spa design and consultancy firm A W Lake Spa Concepts. 'Do we offer prevention or cure? A spiritual sanctuary or a body repair shop? Boot camps or palaces of indulgence? Whatever the claim, most spas over-reach and under-deliver.'

Urban spas in particular are under pressure. Unlike resorts where guests have usually already allotted time to relax in the spa, urban spas need to find and keep their city-dwelling customers, many of whom have limited time and are looking for menus: Simplify vs. Expand. In many ways, a menu makes a spa and it is the signature treatments that a spa becomes known for. At

Aramsa – The Garden Spa in Singapore, a standalone spa uniquely set in a sprawling park in the city, guests can rest assured that the menu is to their liking. 'Every three months we offer treatments as part of 'The Escape Series,' says founder Jazreel Low. 'For example, we worked with Chinese brand Eu Yan Sang to create TCM-based treatments. We take feedback very seriously, and if they like them enough, we'll consider making them permanent on the menu.' But Lake believes that less is more. 'From a customer's point of view, it's not as intimidating,' she says. 'In particular, five-star hotels should look at how a smaller menu can result in a more curated experience for guests. It's not about time or money, but more about what they are getting out of it. Then you're doing the thinking for the guest, and for me that's luxury, that's service. Then you're not putting the responsibility on the guest to choose the right treatment.'

For a brand like ESPA, whose partner hotels have worked with the brand for up to 15 years, innovation is important. 'Unlike other companies, we only launch products when we discover a breakthrough in ingredients or science, or a gap in the market,' says Tracey Chappell, Global Director of Spa Operations of ESPA International. She also cites consistency as a major issue. 'It is equally important to maintain consistency in service standards and treatment quality. Our training extends beyond the fundamentals of technical treatment protocols, to luxury brand standards and standard operating procedures. For treatments, we have an on-going development programme for the results as much as relaxation. For Lake, this means spas need to start offering services that customers see as part of their everyday life. 'Many spas are still being designed using an outdated blueprint with ensuite treatment rooms, dimly-lit relaxation lounges, underdeveloped and/or poorly designed wet areas inside locker rooms, small and uninviting retail spaces—all of which discourage social interaction between guests and can be intimidating and/or unappealing to those who prefer to relax and share the experience with friends or don't have much time to spare and want to get some work done while being 'worked on.' Her suggestions include multi-treatment express pods for facials or mani-pedis, or treatment rooms that let customers plug in and access emails on their iPads. 'The possibilities are endless.'

spa opportunities 水疗机遇

2014



spa opportunities
Spa news and jobs in association with Spa Business magazine

View Turning Pages
Download PDF

JOBS NEWS TRAINING MAGAZINE BLOG SPA-KIT.NET SUBMIT NEWS ADVERTISE SUBSCRIBE

Sign up for FREE ezine email address Go Companies now recruiting spa business contents

Training profile

A.W. LAKE

Address: Singapore Land Tower
37th Floor
50 Raffles Place
Singapore
048623
Tel: +65 6829 7006
Fax: +65 6829 7070
email: info@awlakeonline.com
Website: www.awlakeonline.com

Main services and products
We design hotel and resort spas which are tailored to each location, boost the resort/hotel's brand value, and offer unique guest experiences. We also provide pre-opening services, create spa concepts and treatments, train therapists, custom formulate spa products and custom design spa equipment and accessories. Our "turn-key" approach pulls all the components of designing and operating a spa together into a seamless process.

Additional services & products
We create spa concepts and branding strategies for clients with established brands but also those who are just entering the spa market. We work with global brands such as BuddhaBar, McLaren, Baccarat, as well as bespoke brands in Asia in developing their Spa brand philosophy, signature treatments, and operational and retail



Adria W. Lake, Founder/Owner/Managing Director



pure
RELAX • RECHARGE • REDEFINE



spa opportunities 水疗机遇

dec 2013

heavenly spa by westin
威斯汀天梦水疗

spa opportunities

Spa news and jobs in association with Spa Business magazine

Heavenly Spa by Westin opens
at five-star Westin Nusa Dua
resort in Bali

BY CHRIS DODD



A luxury Heavenly Spa by Westin has opened at the five-star Westin Nusa Dua resort in Bali, Indonesia.

Opened earlier this month, the 1,538sq m (16,555 sq ft) facility provides visitors with a leading luxury experience, offering five express treatment rooms, as well as five single and two couples treatment rooms with outdoor relaxation platforms.

Set within the luxury surroundings of the beachside resort, the Heavenly Spa features its own consultation, foot reflexology and physiotherapy rooms, with the facility also housing a dedicated shiatsu treatment room and a hair salon.

Other technologies incorporated into the site include separate male and female wet treatment rooms, which use heated marble Hammam-style tables and steam showers with chromatotherapy.

The centre's interior has been designed by A.W. Lake Spa Concepts, with the hosting resort being created by Jakarta-based architects Denton Corker Marshall.

In addition, spa engineers Barr + Wray designed, supplied and installed a range of equipment, including the salt baths, aroma steam baths, VIP steam showers and vitality pool plants with UV treatments.

To accompany offerings provided in a specialist beauty treatment room, the spa also includes a full spa menu with treatments ranging from preparation rituals, scrubs and facials through to specially tailored massages and hydro treatments. Westin also offers its own range of spa treatments for children.

One particular highlight of the Heavenly Spa sees the use of male and female thermal areas with hydro-jet hydrotherapy pools, steamrooms and Himalayan salt saunas, while visitors can also enjoy a relaxation lounge before or after treatments.

For those who wish to take their experience outdoors, Heavenly Spa also has a dedicated relaxation platform surrounded by a lagoon.

The spa is located on the site of Bali's five-star Westin Nusa Dua beach resort, which is built alongside the white sand beaches of the region's southern coastline. The resort offers a range of guest rooms and luxury suites, while also playing host to conferences and weddings - See more at:
<http://www.spaconsultancy.biz/detail1.cfm?pagetype=detail&subject=news&codeID=307658&site=SC&dom=N#sthash.pE3z6aQM.dpuf>

spa opportunities 水疗机遇

the puyu hotel & spa Wuhan

dec 2013

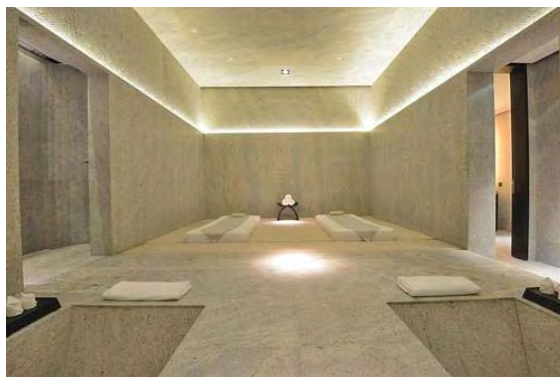
spa opportunities

Spa news and jobs in association with Spa Business magazine



Wuhan spa gets ready for launch

BY KATH HUDSON



The finishing touches are being put to a spa at The PuYu Hotel & Spa in Wuhan, China.

The 332-bed hotel launched at the end of November and has a gym, indoor pool and pool lounge, three restaurants, two bars, a ballroom, function room as well as seven meeting rooms and a business centre.

The 2,700sq m, designed by A.W. Lake and Layan, has 10 treatment rooms, sauna, steamroom, manicure/pedicure salon, relaxation and retail area, a foot massage room, as well as rooms for the speciality treatments: Ganbanyoku, Akasuri and an enzyme bath.

Akasuri is a Japanese treatment which starts with a brief visit to the steamroom or sauna, to soften the skin in preparation for a scrub. After a loofah scrub removes the dead skin, there is a restorative hot oil massage.

Gabanyoku is "hot stone bathing without hot water". Clients lie on a stone platform and feel the benefits of infrared rays and negative ions, which pass through the ganban stones to improve circulation, relieve stiff joints and back pain. Combined with a wrap, it is good for detoxification, weight loss and metabolism.

"This is a pioneering urban spa," says spa manager, Sunny Zhang. "We offer culturally inspired and cutting edge Asian water treatments, results-driven face and body therapies, and interpret time honored traditions in a modern, but classically designed, fully equipped spa."

spa opportunities 水疗机遇

heavenly spa by westin

威斯汀天梦水疗

nov 2013

spa opportunities

Spa news and jobs in association with Spa Business magazine



Bali resort to unveil Indonesia's first Heavenly Spa by Westin

BY AOIFE DOWLING



The Westin Resort Nusa Bali is set to reveal Indonesia's first Heavenly Spa by Westin within a new wing of the resort in early December 2013.

Heavenly Spa by Westin is a nature-inspired spa that aims to provide body, mind and spirit renewal.

It will offer a menu that combines traditional spa services and ancient healing practices with a holistic approach to wellness. There will be 16 treatment rooms and a luxury spa.

Facilities will include separate his and hers thermal facilities with hydro-pools, salt-wall saunas and steam rooms as well as an inner relaxation lounge with elixirs and SuperFoodsRX snacks.

The spa will offer customised wet treatment facilities with a chromatherapy shower.

'Purify' treatments will include clay infusions in the steam room designed specifically for the wet rooms.

A daily holistic activity calendar is to focus on meditation, yoga, Bangau Putih and Balinese rituals. With a semi-open Wellness Platform, dedicated programs and visiting practitioners will be available to both in and out of house guests. - See more at: <http://www.spaconsultancy.biz/detail1.cfm?pagetype=detail&subject=news&codeID=307466&site=SC&dom=N#sthash.L3a7vsmd.dpuf>

european spa 欧洲水疗
away spa, w sentosa w 圣淘沙 away水疗

juli 2013

european Spa



Get AWAY to relax and refuel



Derek Barton
Managing Director
Barr + Wray Hong Kong

Clockwise from left:
a hydro-massage shower
and a hot-massage table
AWAY Spa's vitality studio
a 30-minute treatment
room, naturalistic accents
and relaxation in the
Rejuvenation room

Established more than 50 years ago, Barr + Wray has evolved from being a distributor of pumps into a global water and heat specialist whose products enhance spas, hotels and resorts in 40 countries. With its headquarters in Glasgow, over the last five years the company has opened offices in Hong Kong and Dubai to serve its clients in those regions, such as Burj Khalifa in Dubai and the Jumeirah Menaclah Beach Hotel and Spa in Kuwait.

Barr + Wray Hong Kong's managing director Derek Barton reveals how the W Singapore hotel's AWAY Spa, on Sentosa Island, recently called on the company's water engineering expertise.

What was your project brief for AWAY Spa?
"The layout and equipment defined within the spa had been fully developed by AW Lake Spa Concepts, who delivered the brief for the client. We received a copy of the equipment specification, a plan drawing and a series of 3D renderings for bespoke equipment which we were required to design before we were able to offer our services."

What did you supply to enhance the spa journey?
"We supplied and installed separate male and female vitality pools, herbal pool bubblers, infra-red cabins, steamrooms, rain pods, experience showers and cold mist showers. We also installed the UV treatment plants for the vitality pools and herbal pool bubblers. Each feature complements the last and is designed to work together to rejuvenate the body."

What makes AWAY Spa unique?
"The compact wet area manages to squeeze in many features that provide the guests with a series of different experiences. The vitality pools have specifically-designed water and air experiences including bubble massage. The smaller pools incorporate mineral-dosing systems infused with micro bubbles to soothe the body."
"We also designed and constructed unique rain pod showers with multi-function showering and lighting on a purpose-built, lit, wet massage table. The unique, colourful design of these pods provides a stimulating atmosphere and they were designed to work well with the spa's menu of revitalising treatments."

Were there any design challenges to overcome?
"By the time we won the contract, the pools had been constructed with no penetrations for pipework and we were not allocated any space for the treatment plants. The lower levels beneath the pools had been earmarked for parking and our installation then became far more complex."

"Many designers forget that pools and thermal equipment also require technical plant which has to be located adjacent to them and with sufficient access for operation and maintenance."

"We had to come up with a solution and we decided to split the plant into three separate areas in order to install each feature treatment."

What are you most proud of in the spa's design?
"We are very proud of the overall wet experience. It has many functional, high quality elements and absolutely no gimmicks. Many spas contain features which could be regarded as little more than a novelty, adding no value to the spa experience."

Why are wet spa areas worth the investment?
"Thermal and hydro experiences provide an extension to the spa experience and add to guests' enjoyment. Many day spas offer a full range of massage therapies but do not go as far as providing wet facilities which could attract guests."

wellness today 今日养生

apr 2013



[Interview] Ms. A.W. Lake, Founder & Managing Director of A.W.Lake Spa Concepts

2013년 04월 05일 (금) 01:50:59

Bill Healey ✉ edit@wellnesstoday.kr

Wellness Today is pleased to have the opportunity to speak with Adria W. Lake, Founder and Managing Director of internationally renowned A.W.Lake Spa Concepts.

[WT] You have quite an extensive background in the Spa & Wellness industry. Could you summarize your industry background?

I founded A.W. LAKE in 2001 while I was still managing one of my family's hotel properties. We were opening our first spa, and I was looking for a spa product company that would be able to formulate high quality organic products for us. This was a tall order, as most product manufacturers require a very high minimum order for custom formulation. It was then that I decided to start my own product company.



We work with some of the best skin care labs in the US to create small batches of pure and organic skin & body care products that are

▲ Ms. A.W. Lake, Founder & Managing Director of A.W.Lake Spa Concepts

wellness today 今日养生 away spa, w retreat & spa bali 巴厘W度假村和水疗away水疗

feb 2013



A Place for Exotic Escape in the Island of Gods

AWAY Spa at W Retreat & Spa Bali

2013년 01월 02일 (수) 21:25:43

WT Global Writer Bill Healey ✉ info@wellnesstoday.kr

The ultra-trendy, super-chic W Retreat & Spa Bali is located in the upscale enclave of Seminyak, where the island's designer boutiques, diverse galleries, lively restaurants, and fashionable lounges and clubs are found. The first W Hotel in Indonesia, W Bali brings a level of sophistication to the island through its modern design and signature bars and restaurants that allow guests and locals alike to mix and mingle.

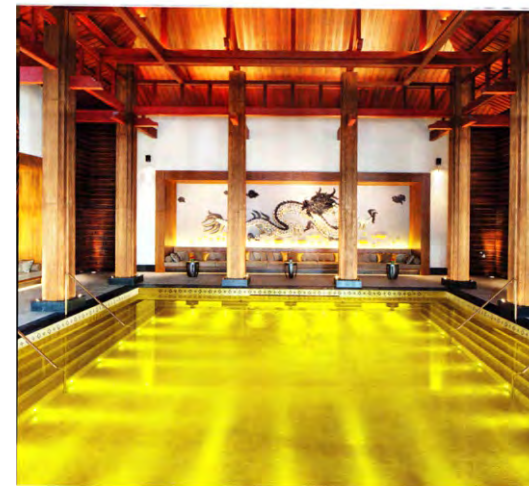
W Retreat & Spa Bali features Indonesia's first AWAY® Spa, providing jetsetters and well-connected locals with an exotic escape, a place where the whirlwind of W winds down to allow a detox from a long, hedonistic night or a refuel for whatever comes next.

As a resident of Seminyak, I pass by the designer boutiques and shops on a very frequent basis. As a frequent runner on the famed Bali beaches, I find that I pass the W Retreat most frequently on the windswept beaches endlessly stretching in both directions from the resort. Its a regular treat to enjoy the sandy beaches at the W Bali whether it's during an early morning run as the sun comes up, or in the evening as the soft tunes from the Woo Bar float over the waves as the sun sets for the day.



asia spa 亚洲水疗 st. regis lhasa 拉萨瑞吉酒店

des 2012



LHASA

THE PLACE TO FIND YOUR INNER SPIRITUALITY AND VISIT THE SPECTACULAR TIBETAN PALACES AND TEMPLES

拉萨——寻求内心深处地方，充满藏传佛教寺庙和宫殿的地方

HOUSE OF SHAMBHALA, TIBETAN TANTRIC SPA

The super-boutique House of Shambhala of only nine rooms has a connection to the 13th Dalai Lama. The hotel's Tibetan Tantric Spa includes a Naga Pool and a sauna in a replica meditation cave, treatments starting with a bath filled with blessed water and oils or steam fragrant with local herbs. Follow these with a Chakra Massage or Tibetan Tantric Massage, all using products created by monks at the Shambhala Tibetan Medical Clinic at the Tashigang Monastery. There is also free yoga, daily. www.shambhalaserai.com

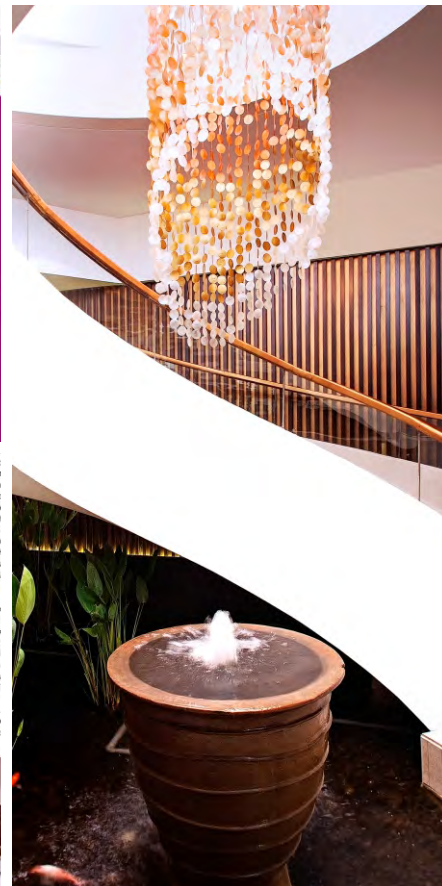
THE ST REGIS LHASA RESORT, IRIDIUM SPA

Within the St Regis, overlooking the Lhasa Valley, the Iridium Spa is an opulent space of culture and class. Aromatherapy Associates treatments are designed to aid acclimatisation to the high altitude, with the Jet Lag and Deep Sleep treatments especially realigning. Local experiences get a look in - the Tibetan Journey of hot stone foot ritual, Tibetan Boli compress and massage, and guided Shambhala meditation epitomise the location. www.stregis.com/lhasa

hello bali 巴厘你好

the lagoon resort & spa, nusa dua, bali
巴厘岛努沙杜阿拉古娜度假村和水疗

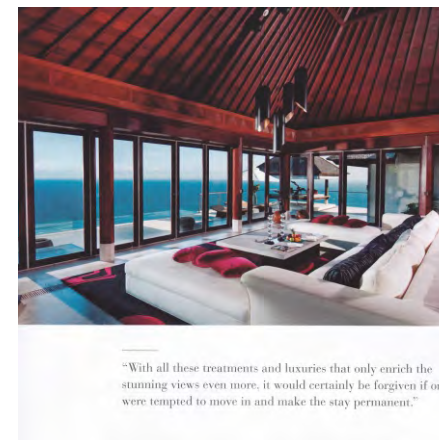
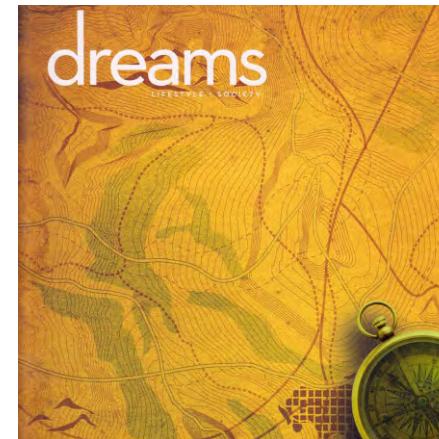
sept 2012



dreams 梦想

the spa @ the edge, bali
巴厘水疗 @ the edge

sep 2012



destin asian 亚洲destin w sentosa, singapore 新加坡圣淘沙W酒店

sep 2012



W Singapore Sentosa Cove Unveiled



W has come a long way since the 1998 conversion of Manhattan's old Doral Inn on Lexington Avenue, which first announced the upstart brand to the emerging boutique hotel scene. Launched just a year before the more sober refinement of St Regis, today Ws can be found in some of the world's most fetching destinations—from the Ricardo Bofill-designed W Barcelona, to W Istanbul at the city's Akaretler Row.

The opening of W Singapore-Sentosa Cove—the 43rd W in the world, and the seventh in Asia—brings W's sense of flare and unfettered fun to the Lion City. Singapore's national flower—the Vanda Miss Joaquim orchid—can be found throughout the hotel and serves as the design anchor point for the guest rooms, while guests will be met on arrival by projections of graphic patterns on a waterfall, as well as grass-shaped lights and a rock garden at the terrace, to reflect Sentosa's landscape.

The hotel's signature restaurant, The Kitchen Table, is quite the multi-tasker—wood-fired pizza, sushi, tandoori, Thai, dim sum... it's all there at the various cooking stations—while Woo Bar's offerings to go with its cocktail menu include goose foie gras with mustard miso on Katafi pastry.

W's spa brand Away is there, as are the usual sauna, steam room, and vitality pool with body jets. Each private treatment room is 112 square meters and offer ILA-Spa products or OPI nail products, while the hotel also features a 1,300-square-meter outdoor pool with 24 underwater speakers.

If guests are in need of something extra, W's Whatever/Whenever personal concierge service will be on hand to ensure that need is met—from daily newspaper delivery to yacht reservations.

asia dreams 亚洲梦想 the laguna resort & spa, nusa dua, bali 巴厘岛努沙杜阿拉古娜度假村和水疗

aug - sept 2012



integration of highly-crafted, yet not subtitled, artistic but in perfect synergy with chic volume and form, as vibrant and diverse feature walls, colours, lights and art pieces blend together. Given its new location alongside the on, the dynamic movement and flow of water is subliminally present throughout, within the design.

Plus
TIME TO INVEST IN BALI?
THE BEST OF GOURMET ASIA
AUTUMN FASHION HEATS UP
KAUI HART HEMMINGS

and a children's spa menu - complete with a cornish delicious milk shake! The spa's reception, chic and cozy, showcases a retail outlet featuring designer jewellery, products and a selection of other natural care products.

With eight massage suites - all named after references to (loose, axis, dew, creek, spring, flash, flow and fountain) - have the choice of double or single rooms, with some offering mesmerising view of the lagoon, and designer massage for royalty. Treatments include: customised massage, scrubs, facials, signature massages and pedicures - chocolate treatment, where nature's super-antioxidant in a number of applications, from a chocolate oil reiki massage, to a warm chocolate body wrap.

Refreshing ginger tea, fruit-infused water and fresh fish that touch of Zen. Stylish change rooms, complete with lockers, body care products and robes; The Lagoon Spa



spa opportunities 水疗机遇

dubai pearl 迪拜珍珠

mar 2012

spa opportunities

Spa news and jobs in association with Spa Business magazine



A.W.Lake to draw up Dubai Pearl strategy

Consultancy A.W.LAKE Spa Concepts (A.W. Lake) has been appointed master spa strategist for the US\$4bn (€3bn, £2.5bn) Dubai Pearl development in Dubai.

The company has been tasked with designing the strategy for all of Dubai Pearl's world class spas, which include international brands such as Baccarat, Bellagio, and MGM.

When completed, the 1.86 million sq m (20 million sq ft) destination will feature 1,500 luxury residences; five-star hotels; more than 60 restaurants; art galleries and theatres as well as office and retail space.

The number of spas is yet to be confirmed, but A.W. Lake will position each within their



Dubai Pearl will include a number of branded spas

brand while aligning them with the overall vision of Dubai Pearl.

Located within the Dubai Media and Technology Free Zone (TECOM) overlooking Palm Jumeirah, Dubai Pearl will be owned by Pearl Dubai FZ LLC, a consortium of investors led by the Al Fahim Group.

spa business 水疗机遇

dubai pearl 迪拜珍珠

feb 2012

spabusiness.com

Destination | Day | Resort | Club | Medical | Thermal | Curative



Located within the Dubai Media and Technology Free Zone (TECOM) overlooking Palm Jumeirah, Dubai Pearl will be owned by Pearl Dubai FZ LLC, a consortium of investors led by the Al Fahim Group.

The first hotels are scheduled for opening in 2013.

Abdul Majeed Ismail Al Fahim, chair of Pearl Dubai, said: "As construction continues on the project, Dubai Pearl has brought together the top consultants in their sector, the best in class."

"This goes from the master plan to the construction down to the smallest details which includes the healthcare and the wellbeing services that will be provided in the development".

Established in 2001, A.W. Lake's previous projects include the Away Spa at W Retreat & Spa Bali and St. Regis Lhasa Tibet. Current projects include W Quayside in Singapore opening April 2012, St Regis Zhuhai and other spa destinations in China.

Details: click here for A.W. Lake and here for Dubai Pearl - See more at: <http://www.spaconsultancy.biz/detail1.cfm?pagetype=detail&subject=news&codeID=299976&site=SC&dom=N#sthash.wML0qwTM.dpuf>

A.W.LAKE Spa Concepts (A.W. Lake) has been appointed master spa strategist for the US\$4bn (3bn euro, £2.5bn) Dubai Pearl project in Dubai.

The company has been tasked with designing the strategy for all of Dubai Pearl's world class spas, which include international brands such as Baccarat, Bellagio, and MGM.

When completed, the 1.86million sq m (20million sq ft) destination will feature 1,500 luxury residences, five-star hotels, more than 60 restaurants, art galleries and theatres as well as office and retail space.

The number of spas has yet to be confirmed, but A.W. Lake will position each within their brand while aligning them with the overall vision of Dubai Pearl.

Adria Lake, managing director, said: "Our strategy focuses on bringing new and untapped markets to the spas by creating synergies not only amongst the spas but also by integrating them with Dubai Pearl's extensive retail, F&B, and lifestyle offerings."

asia spa 亚洲水疗

w singapore, sentosa cove 圣淘沙湾W酒店

nov - dec 2011

asia spa 亚洲水疗

designing spa menus 设计水疗疗程菜单

nov 2011



asiaSpa



Before getting into choosing the treatment, whether consciously or not, the very first impressions are gleaned from the look of the actual menu. The quality, condition, design and readability are all important. A certain amount of flowery description is to be expected, unless this is a men's spa or a men's treatment, but descriptions that don't actually tell you what you're going to get are extremely frustrating. "From research we have done, women (and many leisure guests) like to understand the details and story," says Anne McCall Wilson of Fairmont Raffles Hotels and Resorts, "while men simply want to know the result."

Above all else, spa-goers appreciate descriptions that are honest. This is the prelude to your treatment, so starting with unrealistic expectations created by the menu only leads to disappointment on the table. "Even the most hardened spa skeptics appreciate originality and honesty," says Adria Lake of A.W. Lake Spa Concepts. "The best spa menus are easy to read and understand, clearly outlining what is to be expected without promising miraculous transformations. At the end of the day, a treatment is only as good as the actual experience – no matter how well or beautifully it is written or described on the menu."

Treatment names add more than you would think to the overall attractiveness of the treatment, again possibly subconsciously. But it is the intelligent, humorous titles (think Bliss Spas) that attract attention. "Creativity goes a long way in naming and describing treatments, as well-written menus are more interesting to read and can engage the intellect and emotion of the reader," says Lake. "Use humour and don't take yourself too seriously."

For men's spas, while descriptions are shorter and more to the point, names are still significant. "The packages that we created are inspired by and named after different historical

AHCT 亚洲宾馆与饮食服务 away spa at w retreat & spa, bali 巴厘W度假村和水疗away水疗

oct 2011



No matter how good the treatments themselves, the visual impact of a spa has the power to make or break it, believes Catharine Nicol



While it is generally acknowledged that a beautifully designed spa doesn't necessarily mean a wonderful spa treatment, there's no getting away from the fact that the visual impressions of the spa can help make or break a spa experience. While this firm impression can cement the concept of the spa in the guest's visual memory, it also has an effect on their mood and attitude, even to the extent of lifting or deflating expectations, and having a potential impact on how they receive the treatment itself.

Of course spa designers wouldn't be where the competition is at it is fierce! Kate and Paul Greenwood of modernists, designers of the new Elemis Spa at The St Regis Bangkok, created the unexpected in that generally more functional of areas, the changing room. Enhanced out of all recognition, at the Elemis Spa the two-story, light-bathed area is unrecognizable for its design and sheer amount of space, encouraged by hotel owner Bill Hemlock who wanted guests to spend serious time here. "Changing rooms traditionally aren't usually an afterthought, but don't hold the important role they deserve," says Paul and wey are, which leads up to showers, changing area and beautifully lit dressing tables upstairs. "This also gives a level of intimacy," says Paul. "You're not on view, you're enclosed really, hence the push-and-pull surprises."

At the just launched W Retreat and Spa Bali, it's the AWAY Spa's entrance, with its 'whirling walk' under a wave ceiling leading to a flowing reception desk that takes the breath away and creates that delight from the unexpected, especially when guests arrive at night. "The blue wave ceiling is reflected on the ceiling and floor giving the



asiaspa 亚洲水疗 away spa at w retreat & spa, bali 巴厘W度假村和水疗away水疗

jul - aug 2011



ss wonderland
ek with quirky design touches at V Bali and its AWAY Spa blends is with a fun, carefree attitude, labyrinth of futuristic facilities, compression lounge where you n fresh oxygen pre-treatment, hot stone bath, cold jet vitality and chill bar, along with a nd Hollywood-style hair salon, private meditation platforms and ve single and double treatment itted alongside two deluxe spa into three categories – Serene & ur & Glitz and Fit & Fabulous – custom-tailored to the individual nge of exotic Balinese therapies. WAY Spa is open 24-hours, so pered around-the-clock.

the yak – the yak 杂志
away spa at w retreat & spa, bali
巴厘W度假村和水疗away水疗

jun - aug 2011



conde nast traveler 悦游
st.regis lhasa 拉萨瑞吉酒店

may 2011



Luxe Comes to Lhasa

What's a Hot List hotel doing in a place like Tibet? Our Global Affairs Editor finds a culture fighting to survive – and a Chinese Buddhist hotel owner trying to do the right thing.

When I set out to review the St. Regis Resort in Lhasa for this year's annual Hot List of the world's best new hotels, I had my doubts. It was my first trip back to Tibet since I was sent there by Newsweek in 1987 to cover an uprising by monks, and knowing that there had been a brutal crackdown on rioting again in 2008, I wondered how a luxury hotel might fare in such a besieged place.

The magnificent hotel is an homage to Tibetan design, with such modern amenities as heated bathroom floors and private butlers who'll unpack for you (no, thanks!). The spa wasn't open yet (sigh), but I tested the delicate Tibetan petits fours in my room and sampled nouvelle cuisine in

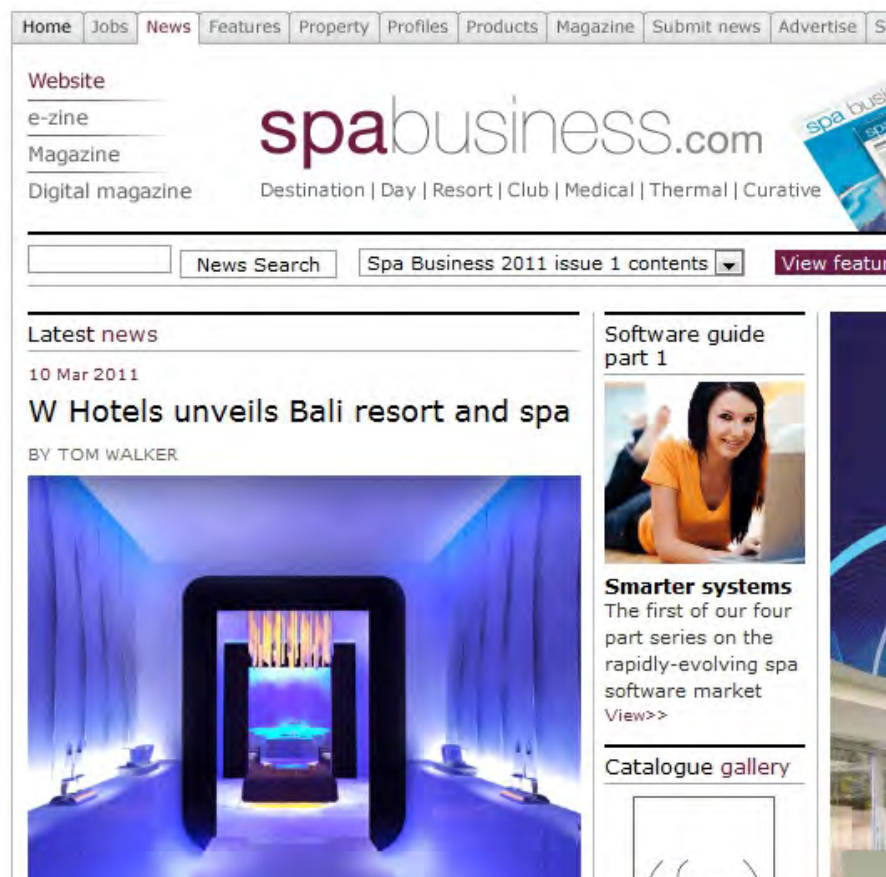
the Western restaurant. The presence of luxury here – a 15-minute walk from Tibet's holiest spot, the Jokhang Temple, where throngs of pilgrims dressed in sheep's wool, coral, and turquoise mingle with nervous young Chinese soldiers in full riot gear – reflects far more than the desire to make a quick buck. Eight years ago, the Hong Kong Chinese (and Tibetan Buddhist) owner of the property, Peter Kwok, and his family went to Tibet on a spiritual pilgrimage. It was a graduation trip for Kwok's son, but "I decided on the spot to do something for the Tibetan people," says Kwok. "Zero due diligence."

High life and high-mindedness need not be a contradiction: Kwok believes that the way to help Tibetans is by offering them training and employment. Fifty percent of his staff are Tibetan – albeit in the lower echelons – and Kwok says he will increase that to 75 percent this year. In the hotel lobby one afternoon, I asked an eager Tibetan concierge named Frank what he thought about his job. He explained that his nomad parents have no idea what life in Lhasa is like, let alone the luxuries of the St. Regis. "They cannot really understand what I am doing," he said. "But this is a huge opportunity for me. Someday I would like to go to France."

There is no denying the tension between Tibetans and the Han Chinese who have colonized their land. And after the 2008 riots, the Chinese government, suspicious that foreigners were involved, threw out the international organizations that had been trying to preserve Tibetan culture and help the local people. But Tibetans told me that they want foreigners to come, to learn about their culture and spread a little wealth. I did my bit for the economy at the Drooping Handicraft operation – so much so that I had to have my loot shipped home. Set up by one of the nonprofits that has left, it sells elegant hand-stitched leather bags, carpets made with vegetable dyes, and boxes painted with Tibetan tigers. Big spenders have never had anyplace to stay in Lhasa, and the St.

spa business 水疗行业
away spa at w retreat & spa, bali
巴厘W度假村和水疗away水疗

mar 2011



spa business 水疗行业
the st. regis lasha, tibet 西藏拉萨瑞吉酒店

mar 2011

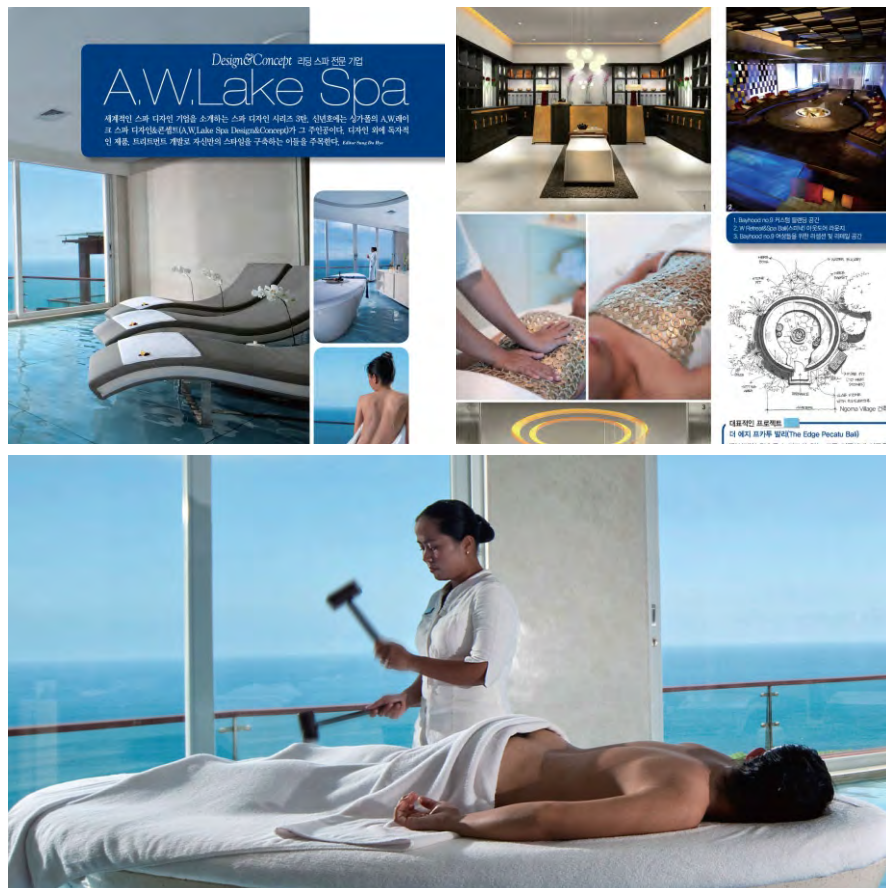


bellissima magazine

bellissima 杂志

the spa @ the edge, bali 巴厘水疗 @ the edge

jan 2011

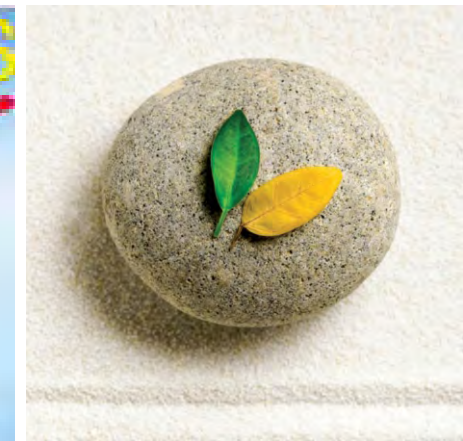


ageless

the truth about organic products 有机产品的真相
by adria w. lake

sept 2009

What is it about the idea of "organic" that we find so alluring? We believe that organic products are superior to their non-organic counterparts. But is it?
我们为何对“有机”情有独钟？我们都相信有机产品优于非有机产品。但事实也如此吗？



missing the mark: the truth about organic products

by Adria Lake

Far from being the "gold standard", organic skin care products have their own shortcomings and limitations. By demystifying the term, we may finally focus on the one issue that really matters: product safety and efficacy.

What is it about the idea of "organic" that we find so alluring? The organic concept is a quality safety seal, not a guarantee of safety or efficacy. We believe that organic products are superior to their non-organic counterparts. But is it?

And organic certification is not a guarantee of safety or efficacy. The organic certification process is a complex one, and it is not always clear what it means. The organic certification process is a complex one, and it is not always clear what it means.

For most of history, the use of organic skin care products was a matter of convenience. People used what was available to them. They used what was available to them. They used what was available to them.

Evolution of beauty care: For thousands of years, people used what was available to them. They used what was available to them. They used what was available to them.

Why have organic skin care products not become the gold standard? The answer is simple: they are not. They are not the gold standard. They are not the gold standard. They are not the gold standard.

Verano will support the brand and help it grow. Verano will support the brand and help it grow. Verano will support the brand and help it grow.

skin care. But by limiting them to natural ingredients, we are also limiting their safety and efficacy. We are limiting their safety and efficacy. We are limiting their safety and efficacy.

Why have organic skin care products not become the gold standard? The answer is simple: they are not. They are not the gold standard. They are not the gold standard.

"organic" skin care claim 1

CHEMICAL FREE
One without parabens, sulfates, and other synthetic chemicals.

DID YOU KNOW?
Paraben is a preservative that is used in many skin care products. It is a synthetic chemical that is used to prevent the growth of bacteria. It is a synthetic chemical that is used to prevent the growth of bacteria.

Verano will support the brand and help it grow. Verano will support the brand and help it grow. Verano will support the brand and help it grow.

INSIDER INFO
Unlike their organic products, which require very little processing, organic ingredients used in skin care must go through a complex, multi-step process. They must be grown, harvested, and then processed. They must be grown, harvested, and then processed.

REALLY CHECK
Every ingredient in any skin care product is a chemical. We believe that organic products are superior to their non-organic counterparts. But is it? We believe that organic products are superior to their non-organic counterparts.

Why have organic skin care products not become the gold standard? The answer is simple: they are not. They are not the gold standard. They are not the gold standard.

Verano will support the brand and help it grow. Verano will support the brand and help it grow. Verano will support the brand and help it grow.

PURITY TESTS
Many organic and non-organic ingredients are tested for purity. They are tested for purity. They are tested for purity. They are tested for purity.

Why have organic skin care products not become the gold standard? The answer is simple: they are not. They are not the gold standard. They are not the gold standard.

Verano will support the brand and help it grow. Verano will support the brand and help it grow. Verano will support the brand and help it grow.

ageless

full disclosure 全面公开
by adria w. lake

may 2009

We are surrounded by chemicals, made of chemicals, and ingest and breathe chemicals. We cannot escape them. 我们被各种化学物质包围，而我们自身也是化学物质构成。摄入化学物质，呼吸化学物质。我们不可能脱离它们。

luxury spa finder 豪华水疗会所发现者
rituals rethought 对仪式的再思考

mar - apr 2008



CONTACT DETAILS

singapore office

A.W. LAKE®spa conceptspte., ltd.
singaporeland tower 37th floor, 50 raffles place, singapore 048623.
新加坡莱佛士坊50号新置地大厦37楼
T +65 6829 7006, +65 6829 7070

china office

A.W. LAKE®spa conceptspte., ltd.
level 54 guangzhou IFC, no. 5, zhujiang road west,
guangzhou 510623, china.
广州珠江新城珠江西路5号广州国际金融中心54楼
T/电话: +86 20 2801 6026

THANK YOU

DISCLAIMER 免责声明

All rights reserved. No part of this document may be reproduced, distributed, or transmitted in any form or by any means, including photocopying, recording, or other electronic or mechanical methods, without the prior written permission of A.W.LAKE Pte Ltd. All works of authorship ("Copyrighted Works") delivered in this presentation by A.W.LAKE Pte Ltd will remain the property A.W.LAKE Pte Ltd.

The Images may not be used in any final materials distributed inside or outside of your company or to the public, including, but not limited to advertising and marketing materials, online or other electronic distribution system, sublicensed or made available for use or distributed separately or individually. all images are the property of their respective owners and no rights may granted to the images.

本公司保留所有权利。未经AWLAKE公司许可，文件中任何部分不得以任何形式复制、传播，包括复印，录制或者其它电子或机械等手段。本文件所著内容（版权作品）为A.W.LAKE公司所有。
不得使用图片在贵公司内外部及公开作为最终资料传播。这包括但不限于广告和营销资料，网络或其它电子传播系统、转授许可或使其得以分开传播。所有图片属于各自拥有者，我们无权授予图片使用权。

A.W.LAKE copyright 2015

singapore land tower 37th floor

50 raffles place singapore 048623

p+65 6829 7006 f+65 6829 7070

www.awlakedesign.com