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Adria Lake creates '21st century spa' for Radisson Blu's first Bali location

BY JANE KITCHEN



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Adria Lake of wellness and spa design company **A.W. Lake Design** has created a new Balinese spa for the Radisson Blu Uluwatu – the first Radisson Blu in Bali, which is set to open in December.

The 633sq m (6,814sq ft) SpaEsc will include seven treatment rooms, including two doubles with private steam showers and two express massage rooms. A beauty area, "floating" courtyard relaxation room, fully equipped gym, yoga and stretching room, boutique will all also be available.

Lake told *Spa Opportunities* that in conceptualising the spa, she sought to "create a dynamic, non-conventional, 21st century spa that is fully integrated into the resort's impressive offerings and one that caters to the lifestyle of Radisson Blu's core consumers, while remaining distinctively 'Balinese.'"

Inspired by Balinese architecture and space planning, the spa features an inner "floating courtyard" where guests will be able to reboot and recover pre- and post-treatment.

Radisson Blu will be managing the complex under its SpaEsc label, with the principles of 'escape, reboot, recover.'

The interior of the spa are designed to provide an escape from the day's activities, said Lake, but the exterior faces the resort's centre courtyard.

"While most hotel and resort spas are hidden away and somewhat disconnected from the property, SpaEsc at the Radisson Blu Uluwatu takes centre stage," Lake explained. "Located outside and completely open to the courtyard, the spa's reception area is visible from all directions, and the retail area's enticing window display makes it impossible to resist."

Additionally, she said, "the spa's massive manicure/pedicure and beauty area opens up to a large swath of garden and the pool area, where Lucid Liquids – the spa's outdoor healthy 'shot bar' is located."

Lucid Liquids will feature fresh juices, healthy snacks, organic Asian teas and traditional Indonesian healing herbal remedies.

"Guests are invited to meander from the pool to the bar and order a manicure with a shot of moringa-infused vodka," Lake said.

Lake also recently [has established a US headquarters for her company in Colorado.](#)